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Werner Bartens

PRAISE FOR LONG-TERM LOVE – WHY IT SUCCEEDS AND IS IRREPLACEABLE

- Healthier, happier, more relaxed: why (and how) you should invest in your relationship
- Werner Bartens' works were translated into 14 languages.
- Rights to his previous title *Emotional Violence* were sold to Korea (Woongjin Think Big), Poland (Literatura Inspiruje) and Taiwan (Business Weekly).
- "Werner Bartens, you are a genius!" – *Stern*



September 2020 · 320 pages

© Stefan Hobmaier



Doctor **Werner Bartens** is chief science correspondent at the *Süddeutsche Zeitung*. He is one of Germany's most influential science journalists. Many of his books, including *What Holds Partnerships Together*, *Happiness: The Medical Perspective* and *Why We Hate Doctors* have spent months on *Spiegel's* bestseller list.

Couples in the early stages of a relationship have countless guides to choose from. But what about those who have been together for a while or for a really long time? A long relationship always gives rise to questions – regardless of whether the partners are in their thirties, forties or fifties. Around two thirds of all couples are uncertain about their relationship, and question – either openly or secretly – whether they want to carry on like this.

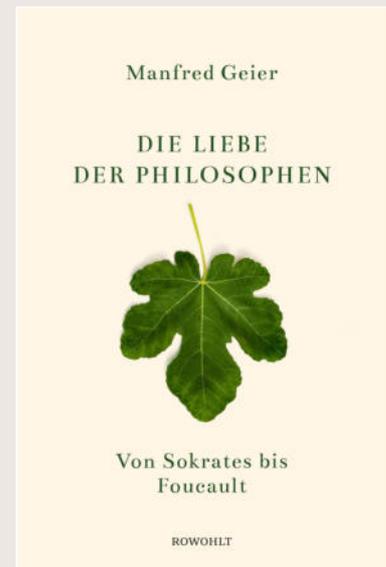
Dr Werner Bartens says that those who give up on a long-standing relationship are giving up on a treasure trove of shared experiences and trust that the couple has built up over the years. Research has shown that those who are in a relationship are healthier and happier and, in contrast to what singles might think, have a lot more sex. But a long relationship is also demanding - Werner Bartens explains what matters in a proper relationship, regardless of age. It doesn't matter if you don't have butterflies in your tummy – in fact, it's better, says Bartens, because you will feel as happy in your long relationship as you felt at the beginning of it.

Relationship guides almost always address couples who have recently got together. But what about the many couples who look at their relationships after years and find themselves dissatisfied? Finally, a relationship book for couples who have been together for a while. You ask yourself: is this just the way it is, or can I change things? Can I revitalise our partnership? Doctor and publicist Werner Bartens has written a book that really helps people in this situation.

Manfred Geier

PHILOSOPHER'S LOVE – FROM SOCRATES TO FOU- CAULT

- An unusual, fascinating and enlightening insight into the libidinous underground of philosophical high performance.
- Geier's previous works were sold to nine countries.
- “[The work of] Manfred Geier combines definitional acuteness with stylistic elegance.”– *Frankfurter Allgemeine Zeitung*



July 2020 · 352 pages



© Manfred Witt

Manfred Geier was born in 1943 and taught linguistics and literature for many years at the Universities of Marburg and Hanover. He currently lives in Hamburg and works as a freelance writer. His publications include *Kant's World: A Biography* (2009), *The Humboldt Brothers: A Dual Biography* (2009), *The Flash of Inspiration* (2013), *Wittgenstein and Heidegger* and *The Last Philosophers* (2017). He also contributed several volumes to an encyclopaedia published by Rowohlt and has written monographs on Karl Popper, Martin Heidegger and the Vienna Circle.

Love is a long-burning issue of philosophy. From antiquity to the present day, people have philosophised about love, which reveals itself in a variety of forms and norms. But what really happens when philosophers not only philosophise, but also love, from the initial games of seduction to the culmination of sexual lust?

With the aid of eleven biographical case studies, from Socrates and Augustine to Martin Heidegger and Michael Foucault, Manfred Geier, author of several biographies on philosophers, documents how without their erotic lust, the philosophers would not have become searchers of wisdom.

Bettina Stangneth

SEX CULTURE

- Rights to *Thinking Evil* were sold to: France (Calmann-Lévy), the Netherlands (Atlas) and Sweden (Daidalos).
- Rights to *Deciphering Lies* were sold to: Korea (Dolbegae) and the Netherlands (Atlas Contact).
- "Her book is an invitation to think – to think consistently, which means: to think with moral consequences. It is therefore the most important new publication of the year."
– *Die Welt on Thinking Evil*



New
publication
date

November 2020 · 288 pages

Born in 1966, **Bettina Stangneth** is an independent philosopher. She studied philosophy in Hamburg and wrote her doctorate on Immanuel Kant and radical evil. *The New York Times* ranked her book *Eichmann Before Jerusalem* among the best books of the year. Rowohlt has most recently published her highly praised essays *Thinking Evil* (2015), *Deciphering Lies* (2017) and *Ugly Sight* (2019).

What is sex? Or: why don't we just let it be?

Above all else, and despite all the enlightenment of the age, sex in the 21st century seems to be a problem. Abuse, MeToo, human trafficking, circumcision, role-playing, body cult... But if sex is a mere abyss for modern humans, then why not just let it be? We are the first generation that could actually do it without endangering the survival of the species. And voices are getting louder that once again call for abstinence in a supposedly over-sexualised society. Artificial insemination and artificially intelligent technology for the safe removal of instincts should finally pacify what humans cannot control: instinctive nature. Sex is not the epitome of our animal nature. Every attempt to control the animal in us, either by taming it or by freeing it from tamers in a sexual revolution, inevitably misses the point.

Bettina Stangneth asks the quite simple question: what is sex? If every culture of prohibition has failed so far, clearer ideas are obviously needed. Even if we prefer to ignore it, attempts to establish a culture through desire instead of the cultivation of desire have been around for a long time. After all, if you don't want to learn to talk positively about sex, you can't talk meaningfully about coercion and violence.

Further Titles



Wolfgang Büscher

HOMECOMING

- His travel reportages were rated as upcoming classics of travel literature – even before Bruce Chatwin's books. Rights for Büscher's works were sold to 11 countries.
- “No one in Germany has written such prose for years.” (*Werner Herzog on Spring in Jerusalem*)
- “The way in which Büscher brings his stories to the surface is gripping and exemplifies his narrative power.” – NZZ
- “Büscher’s works are milestones of the genre ‘narrative non-fiction’.” – *Frankfurter Allgemeine Zeitung*



New
publication
date

August 2020 · 208 pages

© Frank Zauritz



Wolfgang Büscher was born in 1951 near Kassel and writes for *Die Welt*. As Deutschlandfunk said “He has brought a new splendour to travel writing.” Büscher has published several books, among them the bestselling title *Berlin-Moscow* (2003), *Germany, A Journey* (2005), *Hartland* (2011) and *Spring in Jerusalem* (2014). He has won multiple important awards for his work, amongst others the Kurt Tucholsky Prize, the Johann Gottfried Seume Prize for literature and the Ludwig Börne Prize.

In the middle of the woods, in the middle of Germany: Wolfgang Büscher’s fascinating journey into its very core.

Night after night, a boy stands at the window of his parents’ house and watches the sun as it disappears from view behind the rolling hills in the west. He roams through the woods with his friends, building wooden shacks which the foresters destroy. It’s the early sixties. Decades later, Wolfgang Büscher makes his childhood dream come true. He moves to the woods and experiences spring, summer and autumn there. An aristocratic family on the border of Hessen and Westphalia where Büscher grew up allows him to stay in a hunting lodge in the middle of the woods, in the middle of Germany.

This is where he puts up his camp bed. He has no electricity or running water. He prepares himself for quiet times alone, chopping wood and making fires, the odd hunting expedition, hiking, a marksmen’s festival, extreme loneliness and a nighttime blackness never seen in the city. The year takes an unexpectedly dramatic turn as storms, heat and plagues of beetles kill half of the woods. And something else happens which turns everything on its head: Büscher’s mother dies that summer, meaning the house he grew up in is left empty, but full of memories. This is a homecoming more existential than he could have imagined.

A book far removed from the deafening din of today’s world. An exploration of a nation, floods of memories and a “sentimental education” all rolled into one - literary, perceptive and overwhelming.

Bettina Weiguny

IT'S OUR FUTURE – THE YOUNG FEMALE REBELS CHANGING OUR WORLD

- Bettina Weiguny portrays this rebellious young generation, asks about their concerns, what their plans are – and why there are so many young women heading up these protests.
- This book is for everyone who wants to understand the worldwide movement – the young rebels concern all of us as this generation will shape our world.



January 2021 · 256 pages



Bettina Weiguny, born in 1979 in Freiburg, studied German and English and works as a freelance journalist. She has been writing for *Frankfurter Allgemeine Sonntagszeitung* since 2001, in which she has a regular column. She has written several books, including *The Elites: Inside Power* with Georg Meck. She lives near Frankfurt/Main with her husband and three children.

Greta Thunberg is not alone: there is now a worldwide movement. Young female rebels are taking to the world stage. They are campaigning for clean drinking water, opposing the gun lobby, mobilising against child marriage and child labour. In order to achieve their goals, they are speaking at the United Nations General Assembly in New York, at the Economic Forum in Davos, at climate conferences or at the "March for Our Lives" in Washington. Their influence is immense; a single speech can shake global corporations such as Siemens.

Behind the young activists, just a Tweet away, stands a whole generation. The book introduces the key players, for example Emma González and the Indonesian sisters, 10 and 12 years old, who managed to bring about the prohibition of single use plastic on Bali, but it also follows up the fundamental issues: who brings them out onto the streets, what motivates them?

Ulrich Tilgner

WAR IN THE MIDDLE EAST. THE FAILURE OF THE WEST- ERN WORLD.

- The Middle East is a focal point of world politics: the entire region is riddled with crises and conflicts that Iraq, Lebanon, Syria and Afghanistan are unable to resolve.
- The book reflects the role the Western world has played in the difficulties of these countries. Its military and political interventions have not helped, but have had exactly the opposite effect, inflaming the conflict. This has had huge geopolitical repercussions.



September 2020 · 272 pages

© Elisabeth Stimming



Ulrich Tilgner has been reporting as a correspondent from the Middle East since 1980, including from Amman and Tehran and as a special correspondent for the German TV channel ZDF and later for Swiss television. In 2003 he was awarded the prestigious Joachim Friedrich Prize for journalism. He has written several books, including *Der inszenierte Krieg. Täuschung und Wahrheit beim Sturz Saddam Husseins*, which became a best-seller.

The Middle East has been an area of conflict in world politics for decades. Iraq, Iran, Saudi Arabia, Syria, Libya and Afghanistan: the countries are as different as their problems, but Ulrich Tilgner points out that the crises there have one thing in common: they emanate into the western world. The key words being migration and terror. Also: the western world carries a large share of the blame for the development and spread of terrorist organisations such as the Islamic State and the permanent civil wars in the region.

The worst thing, however, according to Ulrich Tilgner's argument, is that the failure of western politics in the Middle East characterises a turning point in global development. The withdrawal of the USA from the region means a further abdication of its role as a world-wide peacekeeping power – and that new problems and tasks are headed towards Europe. There are few journalists as qualified to such make such a well-founded analysis of this part of the world as Ulrich Tilgner, who has known the region for forty years. His blunt analysis is a detailed and eye-opening examination of one of the most dangerous trouble spots in world politics.

Harald Jähner

A TIME OF WOLVES. A DECADE IN PICTURES 1945 – 1955

- This book of around 150 outstanding photographs to accompany the bestseller *A Time of Wolves* which was awarded the Leipzig Book Fair Prize 2019.
- Rights to *A Time of Wolves* were sold to: Bulgaria (Emas), China (Beijing Imaginist Time Culture), English World (Penguin Random House), Netherlands (De Arbeiderspers), Poland (Wydawnictwo Poznanskie) and Sweden (Daidalos).



September 2020 · 264 pages

Beauty and horror amid the rubble: the decade between the end of the war and the economic miracle reconstruction offers images that have not been seen in this form before. In their visual strength, they form a panorama of the era, in which horror and joy lie close together. No wonder that cameras were in such high demand on the black market: the "rubble women" as an icon of the reconstruction, citizens looting and town folk cultivating the land, a pig in a pram and a herd of cows in the middle of Berlin, people dancing among the rubble, and among the Carnival ruins. During his research for the book *A Time of Wolves*, which was awarded the Leipzig Book Fair Prize, Harald Jähner came across a treasure trove of photographs. Now he gives the images their history back, retelling it in the same brilliant way that made *A Time of Wolves* a bestseller.

Helmut Lethen

NOT SMART ENOUGH FOR THIS LIFE

- Helmut Lethen writes about what shaped him – political and intellectual experiments, companions and inspirational figures like Adorno and Enzensberger.
- A German coming of age novel. As Durs Grünbein says: "A first class reading experience."

Fear of the bombs, a wartime childhood – this is the beginning of Helmut Lethen's memories that go on to cover more than seven decades of German history. The shock of being confronted with the Holocaust in Resnais' film *Nacht und Nebel* when he was eighteen. The feeling of liberation when he moved from Bonn to the liberal city of Amsterdam. Then to Berlin – turbulent with protest: here Lethen demonstrates against a visit from the Shah in 1967. The Maoist K-Group excludes him because of a "tendency to conciliation", and yet the "Radicals Decree" – the employment ban in Germany – applies to him and proves to be an inadvertent blessing.

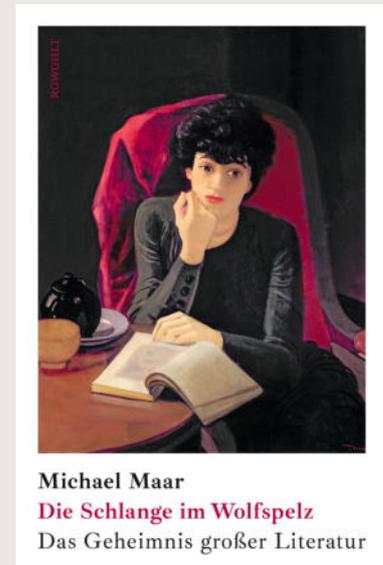


October 2020 · 384 pages

Michael Maar

THE SNAKE IN WOLF'S CLOTHING

- A seducer of language and style unlike any other: Michael Maar draws on the sum of his reading life in his main work.
- "I really have no idea what style is. Knowledge of rules, awareness of structure, idiosyncrasies and pleasure in flourishing – there are so many things to factor in. Michael Maar has extensively addressed these questions and therefore knows what he is talking about." – Max Goldt
- "Michael Maar's book showcases what it is about: the thousand and one possibilities of the German language." – Gustav Seibt



October 2020 · 656 pages



Michael Maar, born in 1960, is a Germanist, author and literary critic. He gained recognition with his work *Geister und Kunst. Neuigkeiten aus dem Zauberberg* (1995), for which he received the Johann Heinrich Merck Prize. In 2002 he was accepted by the German Academy for Language and Literature, in 2008 by the Bavarian Academy of Fine Arts, and in 2010 he was awarded the Heinrich Mann Prize. He has two children and lives in Berlin.

A language and style charmer like no other – in this major work, Michael Maar draws on the sum of his reading experience. What is style, what is jargon, and what traps does almost everyone fall into? How do the elementary particles need to interact for the perfect prose sentence? Maar shows who can do dialogue and who can't, why Hölderlin is overrated and Rahel Varnhagen underrated, why Kafka is an alien and why Heimito von Doderer is the only one who can hold a candle to Thomas Mann. In fifty portraits, from Kleist to Kronauer, he delicately unfurls a small history of German literature.

After exploring the treasure-house of modern poetry he leads the reader onto the fertile ground of *Eros in poetry*, exemplifies why *Bambi* is pornography and how an anonymous writer reveals himself through a stylistic fingerprint. Anyone who finishes Maar's book, which is academic but an enjoyable read, will be a different reader from now on – and a better writer. Main rule: "There are no rules, at least you can break them all. But you have to be able to."

Dr. Leon Windscheid

WHY YOU NEED TO FEEL TO BE HUMAN:

- The new book by bestselling author Leon Windscheid!
- Leon Windscheid is a popular talk show interviewee and podcast guest.
- Informative and surprising, this book will certainly stir up your emotions.



November 2020 · 256 pages

© Daniel Wirtte



Dr Leon Windscheid, born in 1988 in Bergisch Gladbach, draws on the research of scientists from around the world. His studies appeared in internationally recognised journals and his first book *Das Geheimnis der Psyche* was a SPIEGEL bestseller. Windscheid is a regular guest in talk shows, his podcasts reach the top of the charts and he speaks at TED conferences. His articles have appeared in *SPIEGEL Online*, *Manager Magazin* and *Neon*, among others. The author has lived in France, Spain and Turkey and currently lives in Münster and Berlin.

Leon Windscheid communicates the latest scientific findings from the field of psychology. The author counters the current mania for positive thinking with a more measured approach.

Did you know that your feelings have a second home in your gut? That shame has a connecting element and fear does not need to be conquered, but captured? Society demands too much from us humans. In order to survive, we are now panting after an optimized vision of ourselves, says psychologist Leon Windscheid. More people than ever before are mentally ill, overwhelmed or burnt out - being human has become emotionally stressful. The solution is not to look for happiness, but to turn to the feelings that have been suppressed in today's world of optimization or hardly have any place in our fast-paced everyday life: boredom, fear, shame, anger.

The psychologist Dr Leon Windscheid sheds new light on our very variable world of emotions. Using surprising scientific findings from new research and insights from thousands of years of human history, Windscheid shows how we can find ourselves and each other in these fast-moving times – and why the unwelcome feelings play a decisive role in this process.

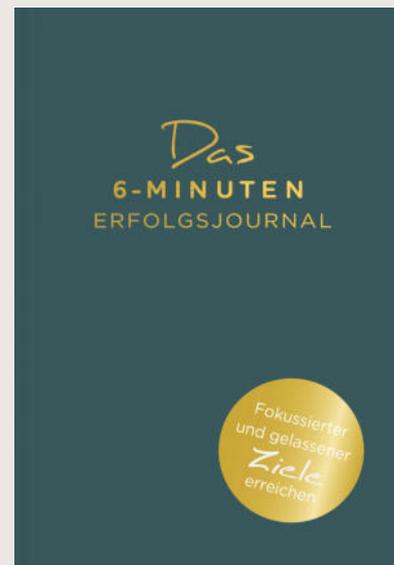
Dominik Spenst

THE 6 MINUTE SUCCESS JOURNAL

- More than 200 000 copies of the *The 6-Minute Diary* sold and rights were sold to 17 countries!
- 6 minutes a day for more motivation, mindfulness and focus: achieve your goals with calm.

Thousands of readers of Dominik Spenst's best-selling book *The 6-Minute Diary* used mindfulness and gratitude to lead happier, more fulfilled lives. In his new book, *The 6-Minute Success Journal*, Spenst melds mindfulness with productivity to offer us new ways of realising our goals that are based on proven tools from positive psychology. His approach builds productive behaviour, combining target-orientated determination with calm and serenity, for example by encouraging us to reflect on our strengths every day or working in a mindful way. The skills promoted here let us focus on aspirations and dreams that would otherwise be drowned out in our hectic daily work routines. Attain your unique definition of personal and professional success in only 6 minutes a day!

Rights sold to: Russia – Alpina



October 2020 · 288 pages

Dominik Spenst

THE PURE 6-MINUTE DIARY

- The follow-up version of *The 6-Minute-Diary* for all those wanting to continue their thankfulness practice.

After using the bestselling *The 6-Minute Diary*, users can continue with their thankfulness practice by moving straight onto *The Pure 6-Minute Diary* (without any previous theoretical knowledge): simple and effective, three minutes in the morning, three minutes in the evening, the proven principles of positive psychology are used to increase your own long-term well-being. Six minutes to build up desirable habits – like thankfulness, optimism and personal growth through daily reflection. This way, positive changes are automatically integrated into daily life – consistently and proactively.

Rights sold to: Russia – Alpina



October 2020 · 304 pages

Dirk H. Lorenzen

THE COLLECTOR OF STARS

- A well-designed practical guide to the world of the stars.
- Dirk H. Lorenzen introduces us to nature – like the cultural history of the night sky. It is about stars as well as what people saw and see in them.
- With beautiful colourful illustrations by Stefan Vecsey.



October 2020 · 144 pages

Dirk H. Lorenzen, born in 1968, is a German physicist, science journalist and author who specialises in astronomy and space. He became particularly well known for the daily programme 'Sternzeit' on Deutschlandfunk radio.

Prehistoric man looks to the night sky. He sees stars, planets, the earth's satellite, possibly shooting stars and comets. It is what we see now on cloudless nights. But every person reads the great book of the sky differently. And today scientists are able to tell us a lot more about the things they have discovered while studying the stars and our universe. In this beautifully illustrated book, Dirk Lorenzen, Germany's greatest astronomy journalist, leads us through the starry sky and the history of astronomy and celebrates what connects us humans to the stars.

Further Titles



Kathrin Vergin

THE EMOTIONAL EATING JOURNAL. LEARNING TO BETTER UNDERSTAND AND CONTROL YOUR EATING HABITS

- A specially designed journal following in the tradition of Dominik Spent and Laura Malina Seiler
- For those who enjoy books by Bas Kast and Anne Fleck!



December 2020 · 288 pages

© Markus Hertrich



Dr Kathrin Vergin is an oncology chemist and has spent many years researching the eating habits of women with breast cancer. She has also been working as a nutrition coach for more than ten years and trains private individuals and companies. In her spare time, Kathrin Vergin is a triathlete and is currently training for an Ironman.

The first ever guidebook on emotional eating

We eat out of stress, out of grief, to calm ourselves down. We eat without really feeling hungry. The result: we gain weight and, in the worst-case scenario, develop an eating disorder. We often follow a pattern in our eating behaviour, and this is exactly what we need to recognise. Dr Kathrin Vergin has developed a nutrition diary which focusses on 'emotional eating' where not only what we eat, but also our routines, stress levels and feelings play a role. In this journal, you can note this down each day and reflect on it – over 12 weeks. This way, you will be able to understand your own eating habits and make sustainable changes without dieting or banning certain foods.

"My book is not about new diet concepts or miracle cures, but about helping people to better understand their eating behaviour."

Anne Fleck

THE BIG FAT LIE – THE PRACTICAL GUIDE

- Updated paperback edition of the top-listed SPIEGEL bestseller.
- More than 100,000 copies of *The Big Fat Lie* sold and rights were sold to China (Caixin Media), Estonia (Tana-paev), Poland (Amber), Russia (Eksmo), Slovakia (Motyl) and Taiwan (Business Weekly).
- One of Germany's most popular nutrition experts.



December 2020 · 256 pages



Dr Anne Fleck, Germany's renowned preventative and nutrition physician, pioneer in the field of holistic medicine, provides a passionate, scientifically proven nutritional solution with which you can revolutionise your health. She explains how we can strengthen and heal our own bodies with healthy fats. The current paperback edition of the SPIEGEL bestseller *The Big Fat Lie*: with practical tips and lots of health checks and recipes has just been updated.

"I want to achieve the best possible health for every single person – for long term quality of life. In my opinion, it is vital to supplement conventional medicine with preventive and modern nutritional-medical approaches." - Anne Fleck

Sven Voelpel

THE SECRET OF YOUTH: HOW TO STAY HEALTHY INTO OLD AGE

- More than 30,000 copies sold of his previous title *You Decide How Old You Are* and rights were sold to Korea (Cheongmi).
- We're getting older by the day. Find out how we can stay healthy in the process.
- "You promise people the most wonderful thing possible: You needn't be afraid of getting old." – Giovanni di Lorenzo



New
publication
date

September 2020 · 256 pages

Sven C. Voelpel, born in 1973, is a professor for business studies at the Jacobs University in Bremen as well as founding president of the WISE demographics network. His research focusses on demographic change, diversity and leadership. As a leading researcher on aging he advises governments and organisations such as Allianz insurance, the German Federal Employment Agency, Daimler and Deutsche Bahn. He lives with his family in Bremen.

Knowledge works miracles

Sven Voelpel explains what we can do in terms of our physical and mental health in order to prevent the diseases of modern society such as heart attacks, diabetes, respiratory diseases and cancer.

He brings together a set of handy hints on things such as nutrition, physical exercise, sleep and social relationships and tells us how we can not only improve our general wellbeing by simple means, but also minimise the risk of becoming ill in the long term.

Further Titles



Helen Heinemann

SOMETHING HAS TO CHANGE! NEW WAYS OUT OF EXHAUSTION.

- A unique concept certified by health insurance companies.
- Many people worldwide feel threatened by burnout: this book provides relief.
- Specialist advice meets empathy.



December 2020 · 256 pages

© Oliver Reetz



“I can’t cope any more! Something has to change!” – this is something Helen Heinemann often hears from the men and women who attend her seminars. Complex jobs, unrealistic role models, the double burden of work and children and making high demands on oneself push even well-organised people to their limits. This book points the way out of the burnout trap towards more tranquillity and zest for life by providing numerous quotations, specialist advice and simple exercises for self-practice.

Helen Heinemann studied social education with a special focus on social psychiatry and then went on to train as a psychotherapist. Since then she has worked in the field of crisis intervention and health promotion. In 2005, she founded the Institut für Burnout-Prävention in Hamburg. This was followed in 2016 by the founding of the Heinemann Academy to provide qualifications in leadership and counselling and to run multi-modular courses on stress management. Helen Heinemann lives in Hamburg with her family.

Susanne Boshhammer

THE SECOND CHANCE: WHY WE SHOULD FORGIVE (BUT NOT EVERYTHING)

- "Perceptive." *Süddeutsche Zeitung* on her previous book *Group, Law, Justice*.
- Boshhammer's new book is on the shortlist for Tractatus 2020 (essay prize for outstanding German-language publications that discuss philosophical questions in an ambitious yet comprehensible way).



New
publication
date

July 2020 · 240 pages



© Reinhard Kurzer

Susanne Boshhammer teaches at the University of Osnabrück as a professor of practical philosophy and works on questions of moral and political philosophy. As a speaker on ethical issues she is a contributor to the international philosophy festival Phil.Cologne and is a regular guest on *Philosophical Radio* on WDR5. She is particularly interested in discussing philosophical questions in a language that is generally comprehensible.

A philosophy of forgiveness

The readiness to forgive enjoys a good reputation in all cultures. We admire those who forgive, as we all know how difficult it can be to overcome a grudge. Psychologists praise forgiveness as a remedy for psychological wounds, and religious people consider it an expression of charity. But is it always right to give others a second chance? Or should we be more careful about forgiveness? Do we sometimes even have a duty to stand firm, to protect ourselves, to ensure justice or to maintain our self-respect? And what if someone shows no remorse whatsoever and flouts their second chance?

In her vivid and stimulating book, philosophy professor Susanne Boshhammer examines what it means to forgive someone and discusses the reasons for and against forgiveness. She makes it clear that forgiveness does not have to mean that everyone involved becomes friends again, and why forgiving does not mean that we forget what happened. She is also concerned with the role of asking for forgiveness in the process of forgiveness and what speaks in favour of forgiveness despite all legitimate concerns: forgiveness is a unique human capacity and a powerful expression of our very humanity.

Christoph Krachten

SCIENCE AND FICTION – AND HOW TO TELL THE DIFFERENCE

- Krachten’s YouTube science channel “Clixoom” has a whopping 500,000 subscribers: exciting experiments, revolutionary research results, science news and startling findings are at the center of attention at “Clixoom”.
- For more information on “Clixoom” visit: <https://www.youtube.com/user/Clixoom>



New
publication
date

October 2020 · 256 pages



© KIKE Photography

Have we discovered life on Mars? Were there aliens on the red planet? How’s the search for Planet Nine beyond Neptune developing? When will we see the first head transplant? What is the next stage of development for the quantum computer? Why did it take a hundred years to find a second moon circling the Earth?

These and other secrets – all are subjects of serious scientific study – are revealed by Christoph Krachten on his YouTube channel clixoom and in this new book packed with astounding scientific facts and exciting new ideas.

Christoph Krachten is one of Germany’s best-known YouTube and web TV producers. After working for many years as a TV journalist and producer for networks like WDR and RTL, he was one of the first people in TV to recognise the potential of online video. His show, clixoom, has been running since 2008. Christoph Krachten is a leading figure in other media networks. He heads Community Editions, a publisher for social media influencers, founded the VideoDays forum and is also a member of the German Bishops’ Conference’s media commission.

Umes Arunagirinathan

THE LOST PATIENT. HOW PROFIT-MAKING IN THE HEALTH SYSTEM IS MAKING US ILL.

Over the last years, hospitals and surgeries have increasingly become commercial enterprises – to the detriment of patients and staff. In this highly topical and explosive book, Umes Arunagirinathan raises the alarm: he outlines the shortcomings in a clear and authentic way, showing what needs to be changed so that patients' wellbeing – not profit – becomes the focal point once more. On top of that, the corona virus pandemic has additionally revealed what is wrong with the system – the author, a popular and persuasive guest on talk shows, explains what we can learn from it.



October 2020 · 224 pages

Franjo Grotenhermen

THE HEALING POWERS OF CBD AND CANNABIS. HOW WE CAN IMPROVE OUR HEALTH WITH HEMP PRODUCTS.

- The first serious guide to the new health trend.
- Dr Franjo Grotenhermen is THE expert in the field "A sort of central authority for all questions pertaining to the medicinal use of cannabis." – *Die Zeit*

Cannabidiol (CBD) is currently popular in the wellness and health industry and medicines containing THC are seeing increasing world-wide acceptance. Cannabis products can be used to treat numerous symptoms and illnesses, including the alleviation of pain and infection, anxiety issues and depression. But how seriously can these products derived from the hemp plant be taken? Dr Franjo Grotenhermen provides a precise overview of the current scientific findings, demolishes preconceptions and gives helpful tips from his many years of experience.



October 2020 · 240 pages

Mareice Kaiser

THE MALAISE OF MODERN MOTHERS

- What else are we supposed to be? Mothers between the pressure of expectation and justification.
- For readers of Margarete Stokowski and Sophie Passmann.
- A book that encourages, informs and invites identification.



April 2021 · 256 pages

© Charlotte Schreiber



Mareice Kaiser, born in 1981, journalist, author and columnist, lives in Berlin and online. She has been chief editor of the online magazine EDITION F since March 2020. She was awarded the Newcomer and the Best Diary Prize of the Golden Bloggers in 2014 and 2015 respectively for her blog *Kaiserinnenreich*. She received the Blogfamilia Award in 2017 for her social commitment. She was nominated for the German Reporter Prize in 2018 for her article "The Malaise of Modern Mothers".

Breadwinner, businesswoman, Mom I'd like to fuck – nowadays mothers are supposed to be all of the above. It is no wonder that their wellbeing suffers. Time and again, Mareice Kaiser, journalist and herself a mother, realises: being the perfect mother is unachievable and full of contradictions. You can't do anything right nor do anyone justice.

Of course, motherhood touches all areas of life: whether we are talking about work, money, sex, bodies, the psyche or love – stereotypes, clichés and societal pressures are everywhere, on Instagram, in bed and in the office. Mareice Kaiser uses her personal experience and journalist's perspective to show where mothers are today: still more in the kitchen than in top management.

Ijoma Mangold

INTERNAL DISPUTE – A POLITICAL JOURNAL

- More than 60,000 copies of *The German Crocodile* have been sold and rights were sold to: English World (Afropolitan Digital) and Syria (Kana'an Publishing)!
- A status report on Germany during Corona times.



September 2020 · 272 pages

Ijoma Mangold, born in Heidelberg in 1971, studied literature and philosophy in Munich and Bologna. After working at the *Berliner Zeitung* and the *Süddeutsche Zeitung*, he joined the weekly paper *Die Zeit* in 2009. He was the literary editor of the paper from 2013 to 2018 and is now the paper's cultural political correspondent. He hosted the ZDF television programme *Die Vorleser* together with Amelie Fried. He is also part of the literary quartet of the SWR programme *lesenswert*. He published his first book *The German Crocodile* in 2017. Ijoma Mangold lives in Berlin.

Ijoma Mangold keeps a political diary. In it he describes current events as well as his constantly changing reactions to them: from Trump and Greta to Boris Johnson, who he would have gladly been taken in by; to the disaster of Thuringia, the terror of Hanau and conversations during the Berlinale; to corona virus. He regards with astonishment those for whom terms such as 'political correctness' or "multicultural romanticism", as well as, at the same time, "ageism" or "fascism" roll trippingly off the tongue; the foundation upon which we make judgements each day is narrow and shaky. And yet it is all that we have.

The old clarity has disappeared from politics. It has been replaced by reflexes and shocks, by anger and contradictions. But it is precisely the gut reactions, the emotions, the regular discussions that we hear within ourselves all the time. That, according to Mangold, is what constitutes politics at its deepest level. How we form opinions, how we become comfortable with them and how we can ideally get rid of them one day – that is what this book of self-observation is about. A historical interpretation has emerged, a depiction of the current political shenanigans by an attentive insider and at the same time a political anthropology.

Further Titles



Ulrich Schulte

GREEN POWER – HOW THE GREEN PARTY WANTS TO CHANGE THE COUNTRY

- The book for the super-election year 2021.
- Ulrich Schulte is one of the greatest experts on the Green Party in Germany.
- Up close, precise and entertaining.

In a time when the political landscape is undergoing radical change and the popular parties are disintegrating, the Green Party - of all things - has become stability, reliability and support for the state. Habeck and Baerbock are the stars of the German political landscape and promise to give answers to the mega-questions of the 21st century. But do their concepts work? Are they really saving the world? The answers given by Green Party expert Schulte are astonishing: the party leadership portrays itself as radical and ready to fight, but in reality, it is careful not to overwhelm its base. And it is no longer the dungaree and woolly jumper-wearing eco-activists, but all of us. This book takes stock of the success of the Green party, in a way that is up close, precise and entertaining. Ulrich Schulte writes not only about the party and its successful leaders, but also about the middle-class circles that votes for them. He holds a mirror up to the Green Party, but also to those who vote for it – and confronts them with their inconsistencies.



January 2021 · 224 pages

Susanne Donner

HUMAN DISPOSAL SITE: HOW TOXIC SUBSTANCES ARE POLLUTING OUR HEALTH.

The underestimated danger: this is a book that will provide clarity and spur people to act! We ingest hundreds of toxic substances each day. They are in our cosmetic products and toys, in furniture, clothes and in our food. In humans, the substances interact. The result: cancer, deformities, damaged genes and a change in hormonal balance. Not much is done about this, as a lot of the chemicals make billions of dollars of profits. The lawmakers are tinkering, consumer advocates and industry are playing hare and tortoise, cat and mouse. Susanne Donner raises awareness of this underrated topic and shows ways out of the dilemma.



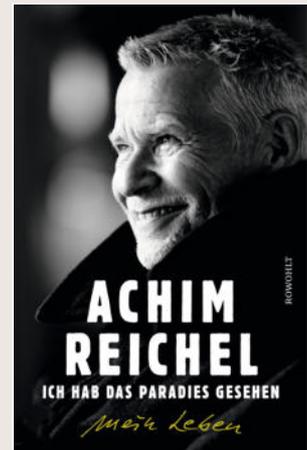
January 2021 · 256 pages

Achim Reichel

I SAW PARADISE – MY LIFE

- "The first German superstar" (FAZ) looks back – a crazy journey through the history of music.

Achim Reichel, a true native of Hamburg with a 60-year stage history, looks back at his life. To his surprise, he celebrated his 75th birthday in 2019 – and a lot has happened that is worth talking about: in the 1960s he had huge success as the lead singer of the Rattles, played as the opening act for the Beatles and toured with the Rolling Stones. In the 1980s Reichel worked with Jörg Fauser: among other things, they wrote "Der Spieler", according to Rolling Stone one of the most significant German pop songs ever. At the beginning of last year, Achim Reichel travelled to Namibia on a container ship and used this time to write down his story – from the beginnings in St. Pauli to the wild years on the road to the present day. Colourful, reflective, loud and fascinating.

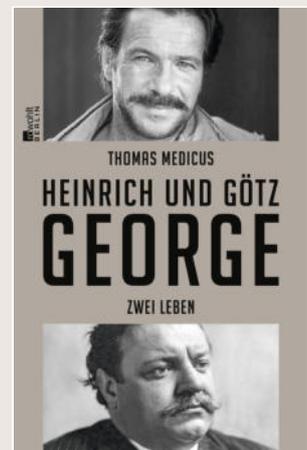


September 2020 · 416 pages

Thomas Medicus

HEINRICH AND GÖTZ GEORGE – TWO LIVES

Rarely was a father/son relationship as close and as complex as this one, although their lifetimes barely overlapped. Heinrich George reigned as Berlin's god of the theatre from the 1920s, played under Brecht and starred in *Metropolis*. During the Third Reich, he took his career to new heights, allowing himself to be roped in for propaganda; he died in the Soviet camp Sachsenhausen in 1946. His son, Götz, was eight at the time, but the figure of his father accompanied him throughout his lifetime – the contradictory artist whom he followed in his own way. Thomas Medicus has written a remarkable, moving father/son story – and at the same time the double biography of two formative artists of the 20th century.

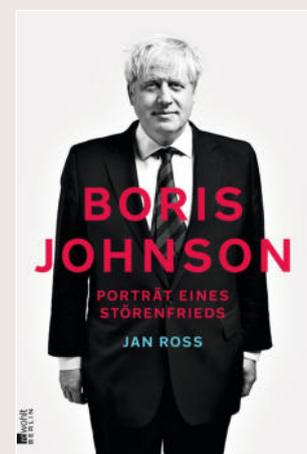


October 2020 · 416 pages

Jan Roß

BORIS JOHNSON – PORTRAIT OF A CONTENTIOUS MAN

Against enormous resistance, British Prime Minister Boris Johnson managed to force through the Brexit, win the election with a landslide victory and establish himself as the most successful middle-class politician in western Europe. Who is this man? In his portrayal, Jan Ross depicts a complex, interesting figure, without embellishing the escapades and low points. He explains the historical background of Johnson's politics – and shows what an opportunity it contains to deal with populism in Europe. According to Ross, it is quite possible that the English economic and business model post Brexit might turn out to be successful and may be copied by others in the European Union. A provocative new evaluation of the contentious British Prime Minister – and at the same time, a look into the future of Great Britain and the European Union.



September 2020 · 176 pages

Linus Giese

FINALLY LINUS: HOW I BECAME THE MAN I'VE ALWAYS BEEN

The best decision of my life.

Linus is 31 when he first utters the words that he is a man and a transsexual, something he's actually known since he was 6 years old. However, his worries about how the people around him might react have led him to keep it quiet for years. Then his new life begins with the statement "I'm Linus", a life that is no longer characterised by feelings of shame, but liberation. Although now he has to declare who he is over and over every day, be it at the doctor, at the hairdresser, or when meeting strangers. Linus talks openly about his second puberty, bureaucratic hurdles and both positive and negative reactions, as well as the incredible feeling of happiness he felt when he finally held his ID card with his name on it in his hands. Linus Giese is one of the best-known trans rights activists in Germany. His book is a vital social contribution on the truth behind transsexuality and a call for more acceptance.



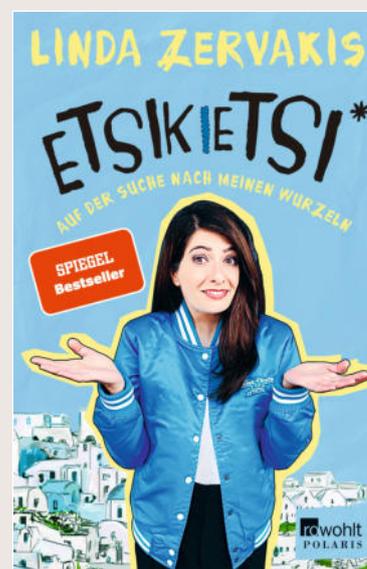
August 2020 · 224 pages

Linda Zervakis

ETSIKIETSI: IN SEARCH OF MY ROOTS

Where you come from is a lottery!

As troubling television pictures from Greece reach the Zervakis family, Linda is setting out on a journey with her mother, Chrissi. It seems like a journey back in time. Once, Chrissi Zervakis wanted to leave her Greek village behind, but her father, Kostas, forbade her from leaving to attend drama school in Thessaloniki. Instead, she was to learn how to be a housewife, to improve her chances of finding a husband. If all else failed, it would have to be an arranged marriage. Forget the dream and back to real life with a bump. Chrissi kept diaries detailing her painful experiences, which Linda comes across one day under a pile of crocheted tablecloths. Both mother and daughter realise that Linda is fulfilling Chrissi's dreams and has more Greek spirit in her than she could have known...



August 2020 · 208 pages

Foreign Rights Team

Ms. Carolin Mungard

carolin.mungard@rowohlt.de
Foreign Rights Director

Ms. Gertje Berger-Maaß

gertje.maass@rowohlt.de
English World (Non-Fiction) | Israel | Poland

Ms. Katharina Haas

katharina.haas@rowohlt.de
Baltic countries | Czech Republic | English World (Fiction) | Hungary | Italy | Russia | Slovakia | Slovenia | Spanish World | Turkey

Ms. Tatiana Jandt

tatiana.jandt@rowohlt.de
African countries | Asia | Arabic World | Brazil | Bulgaria | France | Greece | Netherlands | Portugal | Scandinavia | Southeastern Europe

Our Agents

Albania, Bulgaria, Croatia, Serbia, Macedonia

Andrew Nurnberg Sofia
Ms. Anna Droumeva
anna@anas-bg.com

Baltic Countries, Ukraine

Andrew Nurnberg Baltic
Ms. Tatjana Zoldnere
zoldnere@anab.apollo.lv

Brazil

Villas-Boas & Moss Literary Agency & Consultancy, LLC
Ms. Luciana Villas-Boas
Ms. Anna Luiza Cardoso
luciana@vbmlitag.com
annaluiza@vbmlitag.com

China

HERCULES Business & Culture GmbH
Mr. Hongjun Cai
cai@hercules-book.de

Beijing Star Media Co. Ltd.

Ms. Xing Wang
wangxing@wstern.com

Czech Republic, Slovenia, Slovakia

Andrew Nurnberg Prag
Ms. Jitka Nemecková
nemeckova@nurnberg.cz

France

Editio Dialog Literary Agency
Dr. Michael Wenzel
dr.wenzel@editio-dialog.com

Greece

Iris Literary Agency
Ms. Catherine Fragou
irislit@otenet.gr

Hungary

Balla-Sztojkov Literary Agency
Ms. Catherine Balla
c.balla@ballalit.hu

Italy

Berla & Griffini Rights Agency
Ms. Barbara Griffini
griffini@bgagency.it

Israel

The Deborah Harris Agency
Ms. Efrat Lev
efrat@thedeborahharrisagency.com

Japan

Meike Marx Literary Agency
Ms. Meike Marx
meike.marx@gol.com

Korea

MOMO Agency
Ms. Geenie Han
geeniehan@mmagency.co.kr

Bestun Korea Literary Agency

Ms. Hyeyoung Lee
ylee@unitel.co.kr

Netherlands

Internationaal Literatuur Bureau B.V.
Ms. Linda Kohn
lkohn@planet.nl

Portugal

Ilídio Matos Agência Literária Lda.
Mr. Gonçalo Gama Pinto
goncalo.gamapinto@ilidiomatos.com

Scandinavia

Alexander Schwarz Literary Agency
Mr. Alexander Schwarz
alexander@alexanderschwarzliteraryagency.com

Spain

Julia F. Yañez Agencia Literaria S. L.
Ms. Montse F. Yañez
montse@yanezag.com

Taiwan

Bardon-Chinese Media Agency
Mr. David Tsai
david@bardonchinese.com

Turkey

ONK Agency
Mr. Meriç Güleç
meric@onkagency.com