

SPRING & SUMMER 2026

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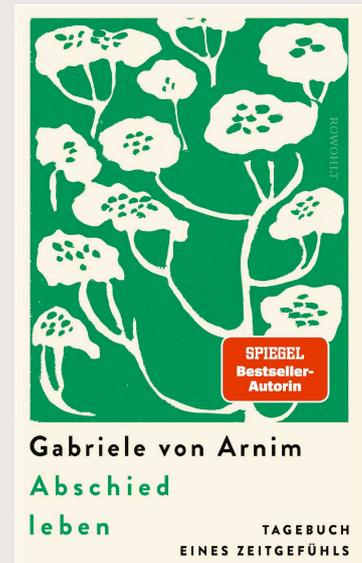
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Gabriele von Arnim

LIVING FAREWELL: Diary of a Sense of Time

- A literary essay about great and small farewells, about grief, comfort, and also hope.
- 190,000 copies sold of her books *Das Leben ist ein vorübergehender Zustand* and *Der Trost der Schönheit* with rights sold to the Netherlands (Balans), Russia (Azbooka) and Taiwan (Common Master Press).
- English sample translation will be available soon.



April 2026 · 256 pages

Gabriele von Arnim was born in Hamburg in 1946. She studied, completed her doctorate and spent ten years working in New York as a freelance journalist. She writes reviews for newspapers and radio, presents readings, has published several books and lives in Berlin.

Farewell is always and everywhere. Every evening we say goodbye to the day. Every morning we bid farewell to the night. We part with jobs, seasons, apartments, dreams, cities – with youth, strength, time, with untouched nature, with earlier versions of ourselves. Children go out into the world, parents into death, lovers to the next woman or man. No one escapes the final farewell anyway. “Sometimes I practice dying”, writes the author.

And now we are also saying farewell to the certainty of peace and to the certainty of liberal democracy. Farewells are our daily companions and teachers. But farewell is not only loss and sadness – it can also be liberating. Far too often we forget the new beginning that lies within farewell. We overlook the freedom that comes with uncertainty.

In her diary, Gabriele von Arnim writes for a year about farewells – about fears of the present and the struggle to maintain confidence in the future, about farewells from oneself, from the joy of life, and about the inevitability of the final farewell.

Further Titles



Jana Puglierin

WHO WILL DEFEND EUROPE? - New War Dangers: What is Required for Our Protection

- Europe between dependency from the US and emancipation: What urgent steps must be taken now?
- Jana Puglierin is one of Germany's most prominent experts on foreign, security, and defense policy.
- Complete English translation available.



January 2026 · 256 pages

© Debora Mittelstaedt



Jana Puglierin, born in Siegen in 1978, is the Head of the Berlin Office of the European Council on Foreign Relations and one of Germany's most prominent experts on foreign, security, and defense policy. Since 2023, she has been a member of the Federal Government's Advisory Board for Civilian Crisis Prevention and Peacebuilding. She regularly comments on current events in her *Handelsblatt* column *Geoeconomics* as well as in talk shows and contributions to various media outlets.

Europe's security is at stake. Russia is openly revisionist, seeks an anti-Western alignment with China - and it is more than uncertain whether the protective power of the USA would honor its alliance obligations in the event of an attack on NATO territory. Only one thing is certain: As of today, Europe can barely defend itself.

Based on scenarios for conventional, hybrid, and nuclear warfare, Jana Puglierin demonstrates what must happen now for European countries to protect their citizens. What capabilities, what technologies, what armies are needed? Does Germany, which plays a central role in this, need its own nuclear weapons, or could a European nuclear shield guarantee deterrence? How can civil defense be strengthened when attacks increasingly come from cyberspace, through disinformation, or sabotage of critical infrastructure?

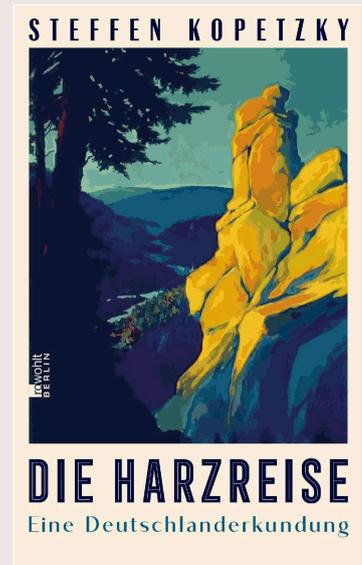
A far-sighted analysis of the current threat situation, a plea for an ambitious security and defense policy - and an urgent appeal to finally make up for what has been neglected for decades.

"An important, urgent appeal to Germany and Europe - expert yet passionate - from a leading representative of a new generation of foreign policy thinkers. Jana Puglierin's message should be followed not just by words, but by actions." *Timothy Garton Ash*

Steffen Kopetzky

THE HARZ JOURNEY – Exploring Germany

- An adventurous journey into the Harz – a landscape of yearning and a mirror of Germany all at once.
- Steffen Kopetzky's celebrated storytelling vividly captures history and grand connections.
- More than 220,000 copies sold of his previous books altogether.



April 2026 · 208 pages

Steffen Kopetzky, born in 1971, is the author of novels, stories, radio plays and theatre plays. His novel *Risiko* (2015) was on the *Spiegel* bestseller list for months and was nominated for the German Book Prize, while *Propaganda* (2019) was nominated for the Bavarian Book Prize. From 2002 to 2008, Kopetzky was the artistic director of the Theatre Biennale Bonn. He lives in his hometown Pfaffenhofen an der Ilm with his family.

A German soul-exploration in deeply unsettled times.

Two hundred years after Heinrich Heine's *Harzreise*, Steffen Kopetzky follows his route through a fascinating German soulscape: The Harz mirrors our country - it is a poetic fairy tale location and a climate crisis hotspot, revealing historical wealth, structural change, and poverty; it was once divided between East and West.

The strip that was once the border is now the "Green Belt", one of nature's most encouraging powerhouses. Kopetzky encounters sites of memory in our country, from witch dancing grounds on the myth-enshrouded Brocken to legendary listening posts. He discovers its immense potential, makes touching human experiences, but also sees the reality of an unsettled society in which "Germanness" takes new forms.

With the echo sounder of the history-conscious author and the openness of the wanderer, Kopetzky explores not only this surprisingly unknown country but also the spirit of life the Harz has represented since Heine's time - a desired place of freedom and spiritual renewal. A surprising, vividly told travel adventure - and an exploration of Germany of a very special kind.

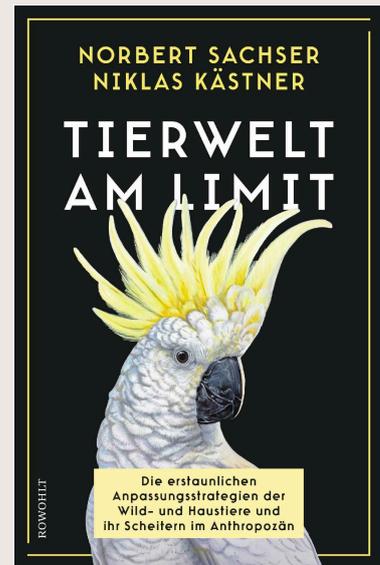
Further Titles



Norbert Sachser, Niklas Kästner

ANIMAL WORLD AT THE LIMIT – Animal Adaptation and Failure in the Anthropocene

- An urgent book on environmental destruction and over-breeding's impact on animals.
- From Germany's most prominent animal behavioral researchers and bestselling authors.
- Told in an engaging and understandable way.
- Rights to Sachser's *Der Mensch im Tier* were sold to 6 countries.



February 2026 · 304 pages

Norbert Sachser was born in 1954. He is a professor of zoology and director of the Centre for Behavioural Biology at the University of Münster. He studied biology, chemistry and sociology, was awarded his PhD at the University of Bielefeld and became chair for animal psychology in Bayreuth. He is one of the world's leading researchers in his field. He was president of the Ethological Society, of which he is still today an honorary member.

Dr. Niklas Kästner is a behavioral biologist. After years of research at the University of Münster, he co-founded the online platform *Ethological – Understanding Behavior* with Dr. Tobias Zimmermann in 2020, which has developed into one of the most renowned German-language portals on the topic of animal behavior. Since 2021, he has also worked as a science communicator at the University of Osnabrück. Together with Sachser and Zimmermann, he is

A powerful wake-up call and a fascinating description of what animals are capable of.

Whether lion, titmouse, or butterfly, dog, cat, or pig: both wild and domestic animals can adapt surprisingly well to changing environmental conditions. Cockatoos have learned to open garbage bins to access food; pigs can free their conspecifics from captivity using clever tricks. But fascinating as these examples may be, adaptation has its limits. Wild animal populations are shrinking, species are going extinct, and domestic animals in agriculture and as pets experience massive suffering.

The renowned behavioral researchers Norbert Sachser and Niklas Kästner explain, based on the latest science, how the habitat of wild animals is being dramatically altered by land consumption, invasive species, and climate change, and how domestic animals are offered lives - due to extreme housing conditions and questionable breeding goals - that in no way meet their complex needs.

What can, what must we do now for the world of animals? A powerful wake-up call that, not least, raises questions about the personal, political, and societal consequences of an animal world at the limit.

Further Titles



Gianna Bacio, Mira Dönges

THE SHAMELESS ART OF LOVING AS YOU WISH - Unlocking Your Authentic Sexual Self

- About the search for and discovery of a self-determined and fulfilling sexuality.
- Relaxed and with humor: Gianna Bacio is one of Germany's most popular sex educators.



March 2026 · 256 pages

Gianna Bacio is one of Germany's most successful sex educators. She has 136,000 followers on Instagram and nearly 700,000 on TikTok. Since 2023, she has also been touring Germany with a stage program "*Sexfluence live*", and she hosts the podcast "*Hot Stuff*."

Mira Dönges is an editor and author and works with Gianna on the episodes of the "*Hot Stuff*" podcast.

This book is an invitation to readers to rediscover their sexuality. Not how it should be—but how it genuinely feels good for you.

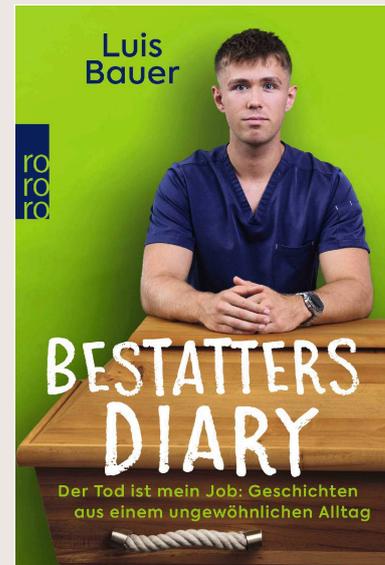
The popular sex educator Gianna Bacio clears away performance pressure, myths, and the endless comparison to a supposed "normal." Instead, she encourages readers to take their own needs seriously and shows how we can develop more trust in our sexual experiences.

Gianna Bacio wants to inspire her readers toward an honest, self-determined sexuality with cheeky questions, exercises, and personal stories: "Everything you need is already inside you. You just need to start listening."

Luis Bauer, Katharina Worsch

THE UNDERTAKER'S DIARY – Death Is My Job: Stories from a Unique Profession

- Life with death: fascinating insights into the daily life of Germany's best-known undertaker.



June 2026 · 256 pages

Luis Bauer, born in Fürth in 2005, works as a thanatopractor in his father's funeral home. For years, he has been reporting on his work on social media. His first book, in which he answered questions from his followers, was published in 2022.

An unusual look at the professional handling of death - through the eyes of Germany's best-known undertaker. Luis Bauer has been explaining his profession on social media for several years; here he tells how he came to it and what it means to spend your childhood among coffins.

Although it concerns us all, death is still a taboo subject - a heaviness that Luis Bauer removes with his book. The 19-year-old undertaker and thanatopractor knows no fear of contact with the dead. He grew up in the family's funeral home and was virtually surrounded by the deceased from childhood.

Today, caring for the deceased is his profession and his vocation, for he wants society to treat death and dying differently, too. That is why he tells his story: on TikTok, YouTube, and Instagram, where nearly 2 million people now follow him, interested in what happens behind the scenes of a funeral home - and why a young person chose this unusual job.

Tobias Escher

THE FUTURE OF FOOTBALL – How AI and Big Data are Changing Football

- The unobserved revolution: AI is changing football as we know and love it.
- Escher's bestselling title *Der Schlüssel zum Spiel* sold 30,000 copies with rights sold to Greece (Salto) and Korea (SamHo).
- Over 100,000 copies sold of his previous titles.
- English sample translation will be available soon.



May 2026 · 192 pages

Tobias Escher is the co-founder of the award-winning blog *Spielverlagerung.de*. He also analyses Bundesliga games for a web show called *Bohndesliga* produced by Rocket Beans TV.

As a freelance journalist, Escher writes for *Die Welt* and the football magazine *11 FREUNDE*. In 2013, *Medium Magazin* named him one of Germany's top ten sports journalists. His most recent books published by Rowohlt include *Der Schlüssel zum Spiel* and *Was Teams erfolgreich macht*.

A new era in football has begun: Every movement, every touch of the ball, every centimeter of the pitch is measured, analyzed, and evaluated by AI systems. Match events, player movements, and fitness status on the field are passed on and evaluated in fractions of a second.

Clubs pay large sums of money to consulting firms to maximize success on the pitch using data. Top clubs have long established their own analysis departments to help identify the world's greatest talents before the competition snaps them up. FC Liverpool, for example, assembled its championship team with the help of its own dedicated data department.

Ultimately, the big question remains: Can football be deciphered solely with the help of data, numbers, and AI models? How do the models that are revolutionizing the view of football work? How important is the human factor?

Tobias Escher reveals the opportunities and the downsides of the new data-driven professional football, showing what happens behind the scenes and how clubs are preparing for the future.

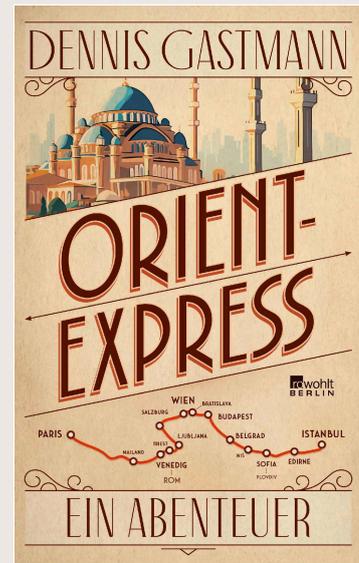
Further Titles



Dennis Gastmann

ORIENT EXPRESS – An Adventure

- From Paris to Istanbul: a grand travel adventure – wild, intense, and teeming with life.
- What is the state of our continent? Anyone who wants to understand Europe must read this book.



May 2026 · 304 pages

Dennis Gastmann, born in 1978, traveled the world for years as a foreign correspondent. His highly praised book *Mit 80.000 Fragen um die Welt* was published in 2011, followed by his journey from Germany over the Alps to Italy to atone for his sins (*Gang nach Canossa*, 2012). For *Atlas der unentdeckten Länder* (2016), he visited the last unexplored locations on Earth, and he explored Japan for *Der vorletzte Samurai* (2018). His travel reports have all become *Spiegel* bestsellers. His latest work is *Dalee*, his first novel. Dennis Gastmann lives in Hamburg and works around the world.

Following in the footsteps of Agatha Christie and Detective Poirot, someone is embarking on a grand journey once more: Dennis Gastmann travels the route of the Orient Express from Paris to Istanbul – five thousand kilometers, seventeen cities, and countless detours into adventure. A portrait of a continent in upheaval, in motion – wild, intense, and teeming with life.

Gastmann gets caught in the flashbulbs of Paris Fashion Week, stays with a *Nonna* who cooks for him like her own son, and learns to understand the city on water from a *Gondoliera*. Gastmann strokes the lions of an oligarch from the Lesser Carpathians – and is almost fed to the tigers. He bathes amidst fire, fog, and laser lights in the world's largest noodle soup, as the Hungarians joke, and encounters a flower girl in a Bulgarian slum, standing on a mountain of trash.

Gastmann experiences Europe – sometimes on a fast train, sometimes on a slow local line, sometimes by bus through the villages when the tracks end. From the Gare de l'Est to Venice, Trieste to Budapest, Belgrade to Sofia, until the doors of the Orient open before his eyes. And everywhere, he senses the changes of the time. What is the state of our continent, the European dream?

Further Titles



Sophia Haberkorn

LEARNING TO FLY - The Courage to Go It Alone

- Goodbye to toxic relationships – about the courage to break free and find happiness.
- Every woman can take her life into her own hands – and Sophia Haberkorn shows you how!



April 2026 · 224 pages



Sophia Haberkorn is a German content creator, influencer, and author. On her platforms, under the name @dukannstpunkt, she shares her honest thoughts and feelings on solo travel, emigration, and a self-determined life. After seven years studying engineering in Bayreuth, she decided to pursue her own path of self-discovery, which eventually took her to Portugal and forced her to confront many of her fears. Now, she motivates her community to be brave, dare new things, and trust in their own strength.

Influencer and podcaster Sophia Haberkorn shares her honest thoughts, feelings, and her path to a self-determined life - without men and without limits.

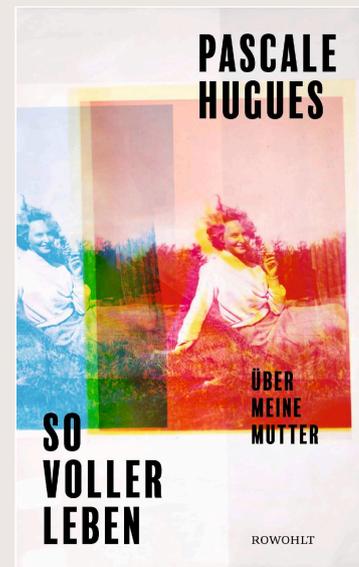
Because women can navigate life alone, whether in everyday life, while traveling, or when making important decisions - Sophia Haberkorn wrote this book to encourage her generation. She shows that women are allowed to live their lives by their own rules, far removed from parents, social media, partners, and society. She takes her readers on her personal journey of self-discovery and describes the highs and lows of her life with empathy and entertainment - numerous young people will recognize themselves in her thoughts, worries, and distress.

Sophia found the courage to move to Portugal in 2022. She describes, in an empowering and eye-opening way, how she mustered that courage after a difficult separation, a toxic relationship, a long trip through the US, and mediocre side jobs in Germany. She shows women that living alone, traveling alone, and standing up for oneself are not as difficult as one might sometimes think.

Pascale Hugues

SO FULL OF LIFE – About My Mother

- Pascale Hugues' most personal book yet – a touching declaration of love to her mother, whose life ended far too soon.
- A tender, poetic text, written from the depths of the heart.
- 220,000 copies sold of her previous books altogether.



March 2026 · 208 pages

Pascale Hugues, born in Strasbourg in 1959, she has worked as a German correspondent since 1989, at first for *Libération*, then for *Le Point*. She also writes for the *Tagesspiegel* and the *Süddeutsche Zeitung*. She has also made two films for the ARTE arts and culture TV station, and lives in Berlin with her family. Her books *Marthe und Mathilde*, *In den Vorgärten blüht Voltaire* and *Mädchenschule* were published by Rowohlt.

Pascale Hugues follows the traces of her mother, who died young. A sensitive literary narrative of pain and joy of life.

Yvette was born in Colmar, Alsace, in 1929, the year of the Great Depression. Her parents wished for a boy and got a girl. She was left-handed and was forced to write with her right. At times French, at times German, in war-torn Alsace she changed her nationality, language, and even her first name three times. Later, as an adult woman, she wavered between the charm of the bourgeoisie and the lure of rebellion, between patriarchy and feminism. Yvette's life was constantly between two poles - a mirror of her illness: bipolar.

As a child, Pascale Hugues was not told why her caring mother disappeared for weeks. The adults did not tell her she was in the clinic. Now, she embarks on a search. She paints a picture of an era when mental illness was a taboo hidden behind protective lies. In this book, she finds a way closer to her mother, who was so full of life.

Further Titles



Nina Kolleck

THE STRUGGLE IN THEIR MINDS - How TikTok, Instagram & Co Manipulate Our Children

- The leading education expert explains how to protect our children in the digital world.
- A captivating, highly informative book on one of the greatest challenges of our time and a radical, urgently needed re-evaluation of our digital society.



March 2026 · 256 pages



Nina Kolleck is an education researcher, political scientist, and has been a Professor of Educational and Socialization Theory at the University of Potsdam since 2023. Previously, she held professorships in Aachen, at the Free University of Berlin, and in Leipzig. She has received multiple awards for her innovative research, including prizes from the European Research Council and the Max Planck Society.

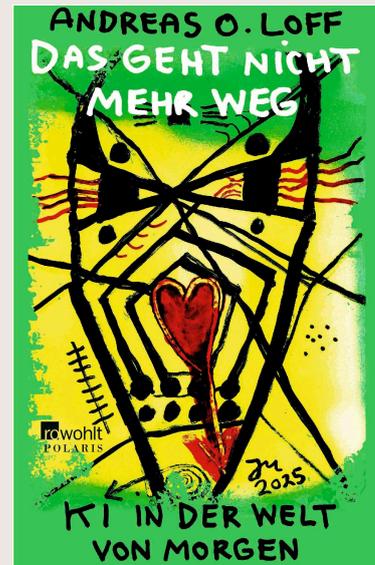
From feeds glorifying suicide and daredevil challenges like the choking game to Incel influencers propagating "hegemonic masculinity": social media harbors dangers for children and adolescents that go far beyond media addiction. Rather, they penetrate deeply into the social behavior and political identity of adolescents - influencing how they maintain relationships and develop their personalities.

Nina Kolleck precisely pinpoints the social and political abysses of social media. She vividly demonstrates how the platforms use manipulative algorithms to exploit young people's emotional needs, fueling disinformation and extremist content - and doing so in the minds of those who will shape the society of tomorrow. Kolleck warns of the influence of social media on brain activity and behavior, making visible how TikTok & Co are taking over educational and socialization functions while parents and teachers are left powerless. She shows: This topic concerns all of us. We must understand the mechanisms of social media to protect our children from manipulation.

Andreas O. Loff

THIS ISN'T GOING AWAY – AI in the World of Tomorrow

- An encouraging book on how to ride the AI wave.
- Loff focuses on the most pressing societal questions: How will our lives change, and how shall we prepare ourselves to avoid being left behind?



April 2026 · 192 pages



Andreas O. Loff, born in 1973, is "the AI guy" - he produces fantastic AI videos that reach millions of viewers, whether they are his own videos, which show the dark consequences of AfD politics, or commissioned works for Joko and Klaas, Jonathan Meese, Atze Schröder, or with Florence Gaub for NATO.

Opportunity or Doom? Loff explains what you need to know about AI to avoid being left behind.

Will AI destroy art? Will it make us all unemployed? Reservations about AI are huge, and the debate often borders on doomsday scenarios. The opportunities, however, are just as enormous - if one can see them through the fear.

AI explainer Andreas O. Loff answers all the questions he is constantly asked and shows which measures politicians must take now. He addresses risks as well as the possibilities for the world of tomorrow, such as how AI models can help people create great things, reduce disadvantages, and enable social mobility. But Loff does not shy away from the big questions of ownership, jobs, regulation, and the race with China.

One thing is certain: Whoever does not want to lose touch must engage with the rapidly accelerating development of Artificial Intelligence and know how to use it as a tool that opens up new horizons. An important, encouraging book attuned to the pulse of the times, showing how much all of us, and especially the younger generation, stand to benefit from AI - if we set the course correctly.

Andreas Möller

THE UNDERESTIMATED – Why Our Future Will Be Decided in the Countryside

- What is behind the drifting apart of city and country?
- An author with broad, practical expertise in both business and politics.
- An important book that targets current debates and sheds new light on divisive issues like the energy transition, infrastructure development, mobility, and social justice.



April 2026 · 208 pages



Andreas Möller, born in Rostock in 1974, was a journalist at *Deutschlandfunk Kultur*, headed the political consulting division of the German Academy of Science and Engineering, and has been Head of Communications for the mechanical engineering company Trumpf since 2015. His book *Hechte. Ein Portrait* was published in 2022, and *Zwischen Bullerbü und Tierfabrik* was published in 2018, which won the German Agricultural Press Award.

It was clear long before the farmers paralyzed the streets with their tractors in 2024: the city and the country have drifted apart. We are in a culture war fueled primarily by frustration over a power imbalance: the city dictates how the country should be. But this division thrives on mutual clichés, and it is dangerous given current challenges - from food and energy security to demographic change and climate protection.

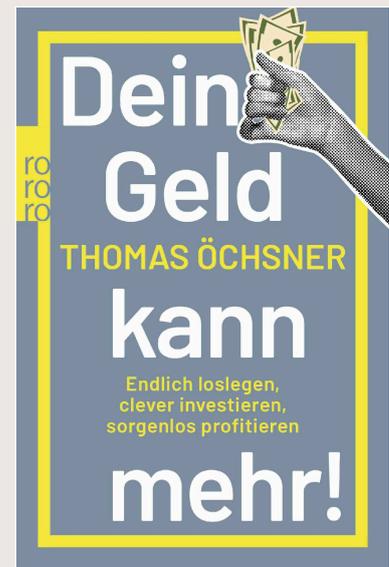
Andreas Möller refutes the narrative of economically and socially backward regions, making it clear: our future will be decided in the country, where vital resources are located and almost half of all Germans live. The country is neither "left behind," nor can structural change be solved through transformation rhetoric. Möller exposes a systemic imbalance that encompasses large parts of our economy and industry, and shows how many voices have been fatally overlooked in the debates about the "right" future.

A sharp analysis that demonstrates what must be done - and why serious communication is more necessary than ever.

Thomas Öchsner

YOUR MONEY CAN DO MORE – Start Now, Invest Smart, Profit Worry-Free

- The complete guide to successful investing. From savings plans to investing an inheritance.
- Finally, an easy-to-understand, serious finance guide that helps overcome psychological hurdles in dealing with money.
- This book removes fear and uncertainty and shows step-by-step how to invest your money profitably.



March 2026 · 304 pages



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Thomas Öchsner, born in 1961, has been an economic journalist since 1991. His last role at the *Münchner Abendzeitung* was Deputy Head of the "Money" department. He moved to the *Süddeutsche Zeitung* in 1999, where he worked as a Finance Editor and later spent nine years as the Correspondent for Social and Labor Market Policy on the parliamentary editorial team in Berlin. Returning to the Munich headquarters, he headed the Finance Team in the economics department.

For the *Süddeutsche Zeitung*, he developed the weekly newsletter *SZ Geld* and the magazine *Money*. Since June 2021, Öchsner has worked as an independent author for different media, wrote and published a number of books about finances.

Finally liquid? And enough money in the account to set some aside? Many of us have a large sum in our checking account at least once in our lives - whether through an inheritance or receiving money from a life insurance or savings contract.

The question is, what to do with it? Due to fear of making a mistake, or because we don't (or no longer) trust our bank or insurance representative, we often leave large amounts of money uninvested in checking accounts. And that's despite the fact that it constantly loses value there.

Thomas Öchsner, long-time finance expert for the *Süddeutsche Zeitung*, is certain: Your money can do more! With his low-threshold guide, he removes the fear of investing your money and shows how it can be multiplied simply and conveniently. He also addresses the mental and emotional hurdles in dealing with money that significantly - and unconsciously - influence our investment decisions. A read that literally pays off.

Dilan Sev

IT'S A BOY! – How I Became the Mother of a Transgender Son

- How do I support my child who is trans?
- With great openness Dilan Sev tells the story of her son's transition – and why being there for your one's matters
- A book that inspires courage for parents seeking advice and guidance.



February 2026 · 160 pages

© privat



Dilan Sev, born in Aschaffenburg in 1977, has lived in Hamburg since 1992 and runs a cosmetics studio. To protect her son, she wrote her book under a pseudonym.

When Dilan Sev's daughter tells her, at the age of twelve, "I'm trapped in the wrong body," that single sentence instantly turns both of their lives upside down. For Dilan, there is no question that she will support her child - her son - through everything that follows.

And that involves a lot: a transition means countless therapy sessions, examinations, cross-sex hormone treatments, and ultimately a mastectomy. It means euphoric moments, but also crises, uncertainties, and social challenges. On this often difficult path, Dilan always stands by her son, no matter how much strength it demands of her. Because even though his path is not easy and Dilan internally mourns her daughter, she knows: I love my child, and this path is right.

Thomas Medicus

FATHERLESS: A Story Based on Fact.

- His father's death changes a family's life forever. A son's search for traces after his father's suicide.
- A sensitive and deeply moving narrative by the acclaimed biographer.



April 2026 · 224 pages

Thomas Medicus, born in 1953, wrote for the *FAZ*, among others, and was deputy editor of the culture and entertainment section of the *Frankfurter Rundschau*. Today he works as a freelance publicist in Berlin. In 2012 he wrote the much-praised biography Melitta von Stauffenberg. *Neue Zürcher Zeitung* described his novel *Heimat* as "unconventional and gripping ... a multi-layered contemporary historical narrative". In 2020, he published the dual biography *Heinrich und Götz George*, about which the *Deutschlandfunk* remarked: "Sensational... In their life stories, more than a century of German history unfolds".

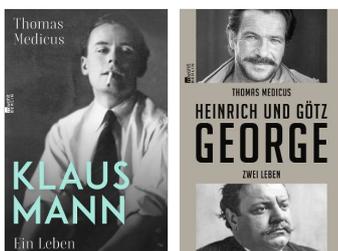
T. is seventeen years old when his father, a respected doctor in a small Southern German town, takes his own life in 1971. He does not die alone; a younger mistress is with him. A family trauma - and a public scandal.

The world of the established family crumbles. Left behind are two adolescents, a forty-year-old widow, and the old mother, who tends the grave and begins to drink.

It takes many decades for T. to face the facts and tell the story of his father's suicide, how it came to pass, and what followed - a powerful account revolving around existential questions: What is home, what is family? What defines a life? What separates freedom from irresponsibility, and what role does society play in the provinces?

The personal fate simultaneously reveals the history of German mentality over the last fifty years. Thomas Medicus tells a moving and powerful story of a childhood and youth in the 1950s and 1960s and the time thereafter, of a trauma that shaped his life. A deep look into the German soul mirror - and a stirring, personal story.

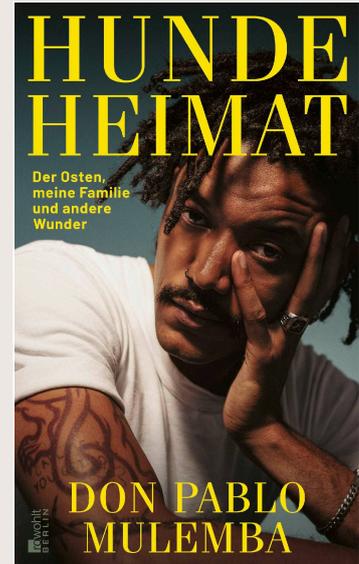
Further Titles



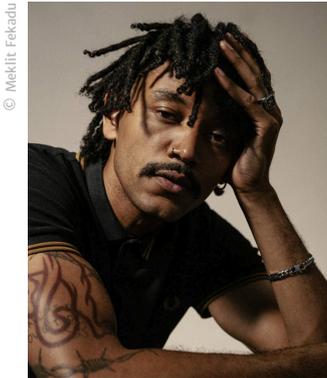
Don Pablo Mulemba

THE DOG'S HOME – East Germany, My Family, and Other Wonders

- A youth in East Germany and an extraordinary migrant family history. A stirring and authentic account.
- Identity, home, belonging: Don Pablo Mulemba, the son of an Angolan father and an East German mother, confronts the crucial questions in a time when right-wing hatred is on the rise.



August 2026 · 208 pages



Don Pablo Mulemba, born in Eberswalde in 1995 to an Angolan father and an East German mother, is a journalist, reporter, and podcaster. He is the host of the podcast *Springerstiefel* (with Hendrik Bolz) about violence in the East after the German reunification, which won the German Audiobook Prize in 2025. He also hosts the NDR program *Atlas*, which received the Grimme Prize in 2025. For his journalistic work, *Medium Magazin* selected Don Pablo Mulemba as one of the Top 30 Under 30. *Hundeheimat* is his first book.

An East German story that has not been told before.

As a child, Don Pablo Mulemba, the son of an Angolan contract worker and an East German woman, constantly had to explain his skin color. He naturally saw himself as German. He spoke the same dialect as everyone else, knew nothing but the Brandenburg provinces - yet he was repeatedly made to feel like a foreigner. His parents had met in the GDR, but the post-reunification East was no longer a safe place for them and their children. It was the “Combat Boot Years”; his friend Amadeu Antonio was beaten to death in the streets of Eberswalde.

The family was torn apart: His parents saw no future and emigrated to Angola. But Pablo chose to stay. At twelve, he went to a sports boarding school in Cottbus and had to find his way as a Black adolescent.

Today, he confronts the crucial questions of identity, home, and belonging - questions that lead him on a shared journey with his father back to Angola. Don Pablo Mulemba's story is also the history of reunited Germany: with its wounds, ruptures, and the determination to nonetheless build a future - told vividly, intimately, and authentically.

Ulrich Selz

THE GUT HEALTH DOCTOR – Master Your Digestive Problems

- The ultimate guide for the gut drama: One in four people is looking for a solution.
- The physician provides well-founded and relaxed information about digestive problems and debunks nutrition myths.
- English sample translation will be available soon.



April 2026 · 384 pages

© Stefan Bösl



Dr. Ulrich Selz (www.doktorselz.de), based in Ingolstadt, is a physician and expert in gut health. As early as age 16, Ulrich Selz worked in emergency medical services during a student stay in the USA. He later studied medicine in Germany and the USA. His clinical training spanned anesthesia, emergency medicine, and integrative medicine.

Whether in a rescue helicopter, in the intensive care unit, or in naturopathy - Ulrich Selz has gathered a broad spectrum of experience. Today, in his practice, he combines state-of-the-art lab diagnostics with holistic therapeutic approaches. His specialty: deciphering complex gut complaints where others cannot find a solution. He also volunteers as a fire department physician and a technical consultant for NBC (Nuclear, Biological, Chemical) hazards.

Dr. Ulrich Selz delivers the ultimate guide through the jungle of gut health, debunking common myths and combining medical expertise with personal experience.

Our gut is far more than a digestive organ - it is the center of our health. If it is healthy, it influences not only our physical vitality but also our emotional well-being. In clearly structured chapters, Ulrich Selz covers the entire spectrum of gut health - from the basics of gut function and common digestive problems to state-of-the-art diagnostic methods and holistic approaches. Each chapter dispels widespread misconceptions and instead offers field-tested solutions.

Dr. Selz draws on a wealth of experience: as a physician who works with patients daily, as a researcher who is always up-to-date on the latest science, and as a former patient who knows the needs and fears of sufferers firsthand. These perspectives allow him to explain complex medical contexts clearly while catering to the needs of his readers.

Claudia Traidl-Hoffmann, Katja Trippel

THE MEDICINE OF THE FUTURE – HEALING IN A CHANGED WORLD

- How we better treat allergies, asthma, eczema, and related conditions today.
- New therapies for common ailments – environmental medicine as the key for many searching for answers.



April 2026 · 256 pages

Prof. Dr. Claudia Traidl-Hoffmann is Germany's most renowned environmental physician. She is a Professor of Environmental Medicine at the Faculty of Medicine at the University of Augsburg and leads the University Outpatient Clinic for Environmental Medicine at the Augsburg University Hospital as Chief Physician. She is heavily involved in science communication and is a Special Representative for Climate Resilience and Prevention for the Bavarian Ministry of Health. She is also a member of the Environmental Public Health Commission of the Robert Koch Institute and has been a member of the German Federal Government's Advisory Council on Global Change since December 2022.

Katja Trippel is a science journalist and author. The first book she co-authored with Prof. Dr. Claudia Traidl-Hoffmann, titled *Überhitzt. Die Folgen des Klimawandels für unsere Gesundheit*, was nominated for the Science Book of the Year 2021.

We live in an era of medical challenges: polluted air, stronger pollen, "forever chemicals," food additives, and new viruses and bacteria are impacting our bodies. Yet, a healthy life on a healthy Earth is possible: with the help of environmental medicine.

This book offers a practical and accessible introduction to the various environmental illnesses in Germany, showing how they can be effectively treated or, ideally, avoided altogether: Neurodermatitis, heightened allergies, intolerances, asthma, cardiovascular diseases, Lyme disease, mental illnesses - in short: ailments from which the general population now suffers.

Claudia Traidl-Hoffmann invites readers into her consultation room, sharing experiences from her practice and research labs and linking the stories of her patients with new treatment methods. A book about humans in their complex environment and about what medicine can and must achieve today so that we can live healthier lives in the future.

Eduard Freundlinger

HAPPILY SOBER – What You Win When You Quit Drinking

- Well-founded and without judgment: How a life without alcohol strengthens body, mind, and relationships.
- Credible and relatable: Eduard Freundlinger shares his motivating success story as a former sufferer.



June 2026 · 256 pages



Eduard Freundlinger (born 1970) is an Austrian author, coach, and adventurer. He sailed across the Atlantic twice, spent years traversing the Caribbean, traveled to almost 100 countries - and finally found his home port in Andalusia. Always on board with him: alcohol. Until he took his last drink on February 22, 2022, and began the upgrade of his life. This profound turning point led to the founding of Prostlos Glücklich® - a rapidly growing movement for a sober lifestyle.

Alcohol - for millions of people, the epitome of conviviality, enjoyment, and relaxation. But what if the supposed friend slowly turns into an opponent?

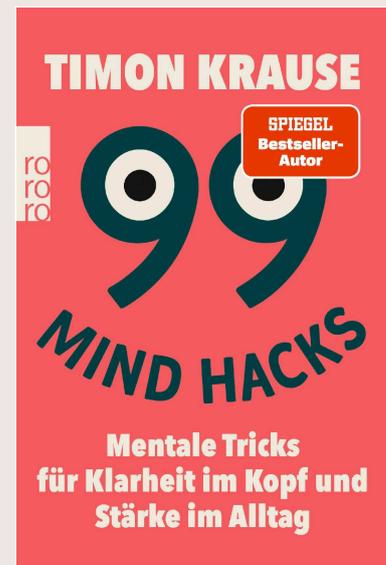
This is exactly where Eduard Freundlinger steps in: After 37 years of excessive consumption that nearly cost him everything, he found the path to a sober life and now shares his experiences as a coach and author. In *Prostlos glücklich*, he demonstrates that abstinence is not a loss, but a gain in clarity and true freedom.

He names 33 specific advantages of a life without alcohol, structured across five areas: Body, Mind, Relationships, Personal Growth, and Joy of Living. Each chapter combines well-founded facts with ruthlessly honest self-reflection - and encourages readers to go their own way toward freedom. An authentic, motivating book for anyone who wants to examine their relationship with alcohol.

Timon Krause

99 MIND HACKS – Mental Hacks for Clarity and Strength in Daily Life

- Astonishing psychological tricks for more ease in everyday life.
- Field-tested mind hacks based on insights from psychology and neuroscience.



May 2026 · 320 pages

Timon Christiaan Krause, born in 1994, is a German mentalist and author. He studied philosophy in Amsterdam and currently resides in Berlin. In 2016, he was awarded as the best European mentalist.

Mentalist Timon Krause explains practical psychological and neuroscientific techniques for clarity and strength in everyday life in *99 Mind Hacks*. Readers learn how to strengthen friendships, boost their concentration, shed old habits, and solidify new ones, thereby boosting their self-confidence and resilience. They also learn how to minimize fear of flying and learn languages faster.

Krause, known for his successful stage performances, the podcast *Mind Dates*, and his high-reach social media channels, addresses core themes such as suggestion, intuition, and skillful people observation. The Mind Hacks are prepared for everyday use and support emotional regulation, problem-solving, and the improvement of interpersonal relationships.

An indispensable companion for everyone who wants to consciously shape their lives and use psychological tricks in everyday life to feel better.

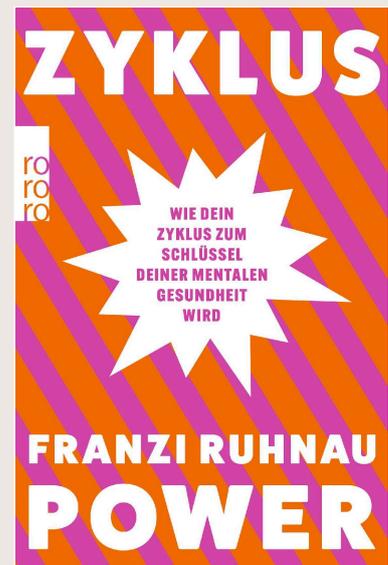
Further Titles



Franzi Ruhnau

CYCLE POWER – How Your Menstrual Cycle Becomes the Key to Your Mental Health

- Experienced cycle coach Franzi Ruhnau offers education and empowerment.
- Practical tools for mental balance and well-being despite PMS.



April 2026 · 288 pages

© Mario Jakob



Franzi Ruhnau, born in the Ruhr area in 1986, knows how destructive and burdensome it can feel when the menstrual cycle dominates one's entire life - she has lived it. Her personal struggle with PMDD (Premenstrual Dysphoric Disorder) turned into a passion, leading her to cycle coach training and the founding of ZYKLUS POWER. Her mission: to help others regain their mental health and quality of life - in a practical, no-bullshit way.

The extent to which mental problems can be linked to periods and the menstrual cycle is often underestimated. Dark days, depressive moods, and severe pain can be treated, using the practical, everyday tools and tips from certified cycle coach Franzi Ruhnau. Sufferers are guided and supported in a friendly manner.

Monthly, sometimes severe emotional lows do not have to be simply endured: The author provides scientifically sound, practical tools to help readers better understand and strengthen themselves. Mental health is now a widely discussed topic - but how often do we talk about the fact that it is closely linked to our menstrual cycle?

We must take cycle-related mental impairments as seriously as a broken leg, because only then can a change in thinking be achieved and women's health improved.

Anja Schaubberger

LISTENING BETTER – Why Simple, Yet So Difficult

- Ninety-six percent of all people consider themselves good listeners, but only half of their conversation partners would confirm that.
- A clever book about communication and self-reflection – for everyone who wants to listen better or feels they are not being heard enough.



June 2026 · 256 pages



© Flo Stiebing

Anja Schaubberger was born in Munich in 1990. After studying German Literature at LMU Munich and completing a traineeship at Burda Verlag, she established the online magazine *Mit Vergnügen* in Munich as its Editorial Director. Since then, she has worked as a freelance journalist and author for various media outlets, including the *Süddeutsche Zeitung*, the interview magazine *Galore*, and the travel magazine *Merian*. Her debut novel, *Und wieder Winter*, about her mother's cancer illness, was published by Schwarzkopf & Schwarzkopf in 2012, and the interview book *Auf der Suche nach dem Sinn* was published by Knesebeck in 2022. She most enjoys conducting interviews, meeting new people, and listening.

Rhetoric seminars, where we learn how to speak, are everywhere, but nowhere do we learn how to listen well. On closer inspection, listening appears to be a pressing theme of our time. In recent years, there has been a boom in listening services. Anyone who wants to share something can make use of them. And listening is omnipresent in the media, too, as supporters of right-wing parties complain: "Nobody listens to you anymore."

The ability to actively listen has suffered. This is due to the isolation of society, our ever-shrinking attention span, and the fast pace of our daily lives. Anja Schaubberger meets people who introduce her to different aspects of listening, including a couples therapist, a pastor, a listening coach, and a barkeeper. She takes us along on her journey to become a better listener - and in doing so, finds answers to the question of what we all stand to gain if we learn to listen better again.

Joelle Westerfeld

FEELING TO THE EXTREME – My Terribly Beautiful Life with Borderline

- A powerful personal account of living with Borderline Personality Disorder that raises awareness and inspires courage.



March 2026 · 224 pages



© Yvonne Schmedemann

Joelle Westerfeld, born in 1997, works as a journalist in Hamburg. She is particularly known for her commitment to topics such as body acceptance, mental health, and feminism. Starting in 2021, she hosted the Instagram format *glanzundnatur*, reaching over 200,000 followers. In 2023, *medium magazin* named her one of the Top 30 Under 30 in the industry. On her Instagram account @joellewesterfeld, she regularly addresses topics such as mental health, queerness, and raises awareness about her life living with Borderline Personality Disorder.

Even as a teenager, Joelle Westerfeld sensed that she perceived her emotions differently than other children: Her sadness was infinitely deep, her felt hopelessness boundless, and her joy overflowing and all-encompassing.

She didn't dare show her vulnerability, walked through life with a mask for a long time, left home early, dropped out of school, traveled the world alone, and repeatedly experienced emotional breakdowns and relationship terminations. Only as a young adult did she receive the diagnosis: Borderline Personality Disorder (BPD).

This was a liberation, as she could finally do something about the burdensome symptoms of the disorder, which was long considered untreatable and is still highly stigmatized. Sufferers were accused of craving attention, being manipulative, and incapable of relationships. Journalist Joelle Westerfeld debunks these stigmas, showing through her own story and narratives from her daily life: Borderline is neither a flaw nor a life sentence. A captivating and informative book that raises awareness and inspires courage!

Dietmar Bittrich (Hg.)

WHEN ARE YOU TAKING THEM BACK? – The Best Vacations with Grandchildren

- A humorous summer anthology of vacation anecdotes from the grandparents' perspective.
- Dietmar Bittrich compiles the hilarious reality of taking grandchildren on holiday.
- Perfect reading for those who secretly despair over trips with the grandkids.



May 2026 · 256 pages

Dietmar Bittrich was born in 1958 and lives in Hamburg. He won the Hamburg prize for satire as well as the Hamburg Senate Prize. Several of his paperbacks have been published by Rowohlt, including the bestseller *99 deutsche Orte, die man knicken kann*. Since 2012 he has released several successful Christmas-themed books about the trials and tribulations of family life. Find out more at: www.dietmar-bittrich.de.

Dietmar Bittrich's collection of stories simply makes you happy - as happy as our grandchildren make us. We don't have to raise them. We have fewer obligations - and more joy. We enjoy their curiosity, creativity, and astonishing progress. We are calmer than we were with our own children. We get to cherry-pick the best parts. And that includes a vacation.

So we thought. Now we are surprised. The little ones are surprisingly impatient with traffic jams, delays, and lost luggage. They are bored by the sights that interest us. They constantly demand only French fries. They lose the doll, the teddy, the ID. They want to go home or somewhere else. They whine. They get sick. They get lost. They strain our travel budget.

But of course, trips with grandchildren are wonderful! They create unforgettable memories! For example, when the granddaughter throws a tantrum in the amusement park because she can't have one more ice cream. Or the older one can't be pulled away from her smartphone. Things like that stay in your memory.

Of course, we persevere. But a question to their parents: When are you taking them back? (Can you pick them up sooner?)

Further Titles



SPRING & SUMMER 2026

TOP BACKLIST TITLES

Harald Jähner

WONDERLAND – The Founding Era of the Federal Republic 1955–1967

- An exciting cultural history: 30,000 copies sold!
- 160,000 copies sold of his previous title *Wolfszeit (Aftermath)* with rights sold to 18 countries!

Often viewed as a period of diligent mediocrity, the late 1950s and early 1960s in Germany were, in fact, an exciting decade of social change and rebellion.

While the economic miracle promised consumption, resistance grew among a thoughtful youth gathered in existentialist cafés. Educational reform empowered the working class, and the Beat movement challenged authoritarian lifestyles. The Auschwitz trials broke the silence of the older generation, even as the Cold War caused repression. Harald Jähner's powerful portrait reveals early post-war Germany as far more progressive, colorful, and diverse than we usually believe - a history that deserves to be rediscovered.

Rights sold to: English World – Ebury (PRH) | Spain – Alianza | the Netherlands – De Arbeiderspers



October 2025 · 480 pages

Willi Winkler

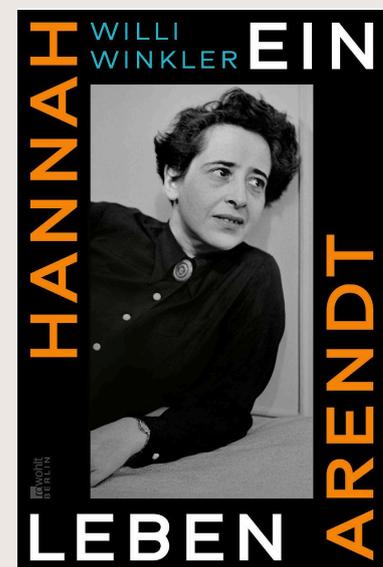
HANNAH ARENDT – A Life

- For the first time Arendt's countless and unpublished letters have been considered; a wonderfully vivid picture of her emerges.
- English sample translation available.

Hannah Arendt, born in Königsberg, lived through the 20th century, a period her life reflected entirely. She studied in Marburg during the intellectual boom of the 1920s, where she began a complex relationship with Martin Heidegger. Hitler's rise forced her into exile, leading to internment in France before she escaped to New York. There, she established herself as a political theorist, writing in English but thinking in German, and always maintaining her Jewish identity.

Willi Winkler's biography analyzes her previously unpublished letters for the first time, essential to understanding her contradictory life and the century she observed. She appears as a sharp intellectual who built a new identity in America but remained the "girl from afar," offering a fascinating glimpse into an iconic mind.

Rights sold to: the Netherlands – Ten Have | Poland – Vis-à-vis Etiuda



November 2025 · 512 pages

Rebekka Endler

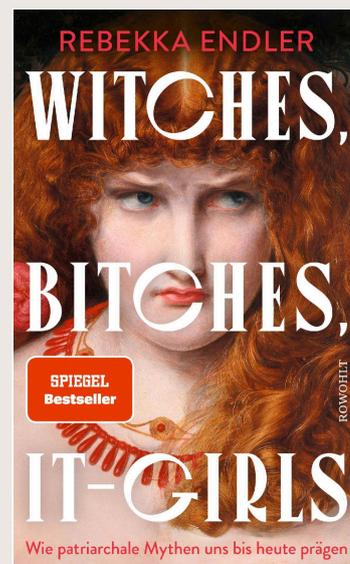
WITCHES, BITCHES, It-GIRLS – How Patriarchal Myths Shape Us Today

- An engaging and spirited exploration into the roots of patriarchy.
- More than 55,000 copies sold!
- English sample translation available.

In her new book, bestselling author Rebekka Endler delves into the roots of patriarchy and examines misogynistic myths that still shape our thinking and actions today. She argues that the explanation of "men and power" falls short and asks: Why do so many women still dream of a saving prince? What drives the Mommy Blogger wave, and what roles do stereotypes like "bitches", "witches", and "It-Girls" play?

Rebekka Endler demonstrates that patriarchy is real, how we contribute to its perpetuation daily, and how it can be overcome. *Witches, Bitches, It-Girls* is an anecdotal investigation – sharp, combative, and full of unexpected insights.

Rights sold to: France – Éditions Dalva | Spain – Urano



May 2025 · 464 pages

Margot Friedlander, Malin Schwerdtfeger

TRY TO MAKE YOUR LIFE – A Jewish Woman Hidden in Berlin

- More than 200,000 copies sold!
- Complete English translation available.

On January 20, 1943, ahead of a planned flight from Nazi Germany, Margot Bendheim learned that her brother and mother had just been picked up by the Gestapo. Her mother manages to leave her a note saying "Try to live your life." Alone and forsaken, Margot dyes her hair red and even undergoes rhinoplasty to hide her Jewish heritage. For fifteen months, she lives in concealment in Berlin, aided by Germans whose motives are not always purely selfless. Then, in 1944, she is taken to Theresienstadt, where with considerable luck she survives the horrors of the Nazi concentration camp. Sixty years on from her emigration to the United States, Margot Friedlander nee Bendheim shares her remarkable life story.

Rights sold to: the Netherlands – Meulenhoff/ Boekerij | Russia – Eksmo Bombora



January 2010 · 272 pages

Madita Oeming

INFORMED, NOT ALARMED – What Parents Need to Navigate Digital Puberty

- Simple tips for talking about sexting, porn, and online dangers like dick pics and cybergrooming.
- Easy-to-understand facts and research on youth sexuality.

Over 80% of 12-year-olds now have their own smartphones, giving them access to the internet where they inevitably encounter sexual content. Whether it's intentional exploration of porn, first attempts at sexting, or unwanted exposure in group chats or online gaming, this book provides parents and caregivers with practical advice on how to guide children and teens in navigating sexual media. It answers pressing questions: What online risks does my child face? How can I start a conversation about porn? How can I protect my child from cyber grooming and deepfakes? How can I encourage responsible behavior with images and data while respecting boundaries?

Sexual educator Madita Oeming offers research-based insights and practical examples for a confident, informed approach to handling topics like porn, sexting, and more.



January 2026 · 240 pages

Dominik Spent, Sevnur Acar-Spent

THE 6-MINUTE DIARY FOR MOMS

- Tailored for family life, this book offers practical tips from experienced mothers!
- 2 million copies of his journals sold worldwide!
- Rights to *The 6-Minute Diary* were sold to 20 countries!

Every mom can relate: never-ending to-do lists, sleep deprivation, exhaustion, constant stress, worries, and the feeling of always running behind instead of shaping everyday life. Many moms are only familiar with "me-time" or "self-care" from pretty social media posts while scrolling through Instagram right before bed.

This is where the proven, scientifically backed concept of *The 6-Minute Diary* comes in: in just a few minutes a day, it helps reduce stress, banish negative thoughts, increase resilience, and boost self-esteem – benefits that not only improve the mom's well-being but also positively impact the entire family.



April 2025 · 288 pages

Rights sold to: the Netherlands – Unieboek/Het Spectrum | Russia – Alpina | Ukraine – Bookchef

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