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Harald Jähner

EXHILARATION – The Short Life Between the Wars

- Rights sold to the UK (Ebury / Penguin Random House)
- More than 100,000 copies sold of his previous title *A Time of Wolves* and rights sold to 8 countries!
- An amazing overall portrayal of the era between the wars – the blueprint for the modern world.
- Daily life, mentality, culture, politics and events in the 1920s: An exciting new way to relate history.



August 2022 · 480 pages

Harald Jähner was born in 1953. He joined the Berliner Zeitung's arts and reviews section in 1997, later becoming its editor until 2015. He had previously worked as a freelancer for the literary section of the *Frankfurter Allgemeine Zeitung*. In 2011 he was made honorary professor of cultural journalism at Berlin's University of the Arts. His book *Time of Wolves. Germany and the Germans 1945–1955* was published in 2019 and it won the Leipzig Book Prize. It was on the *Spiegel* bestseller list for months, and has been published in several languages including in the USA and in the UK, where it was shortlisted for the Baillie Gifford Prize. *Time of Wolves* is due to be made into a film series.

Fifteen years that are like a century – an exciting new look at the short period between the wars.

Germany 1918. The end of the First World War, revolution and the victory of democracy sees, at the same time, the triumph of a more liberated way of life. Everything is supposed to fundamentally change: the “new woman”, the “new man”, the “new living” and the “new thinking”. When the economy begins to see an upward trend in the mid-1920s, Germany becomes a different country. Women conquered the race tracks and tennis courts, went out alone at night, cut their hair short and didn't even think about getting married. Jähner describes the emergence of hobbies; boxing; dance halls (hotspots of the new era); offices and city traffic; department stores promising happiness; and the streets as the site of bitter conflict. So much of it seems strikingly modern. The taste for irony, sincerity and directness. But also, the fear of the “debasement of all values”, the ascendancy of things that are cheap. A large proportion of Germans did not identify with this emergence. Over time, it was clear that there was a deep division in society and that this could not be tolerated.

Harald Jähner delivers an overall portrayal of this pulsating, rich era as it has never been seen before – and depicts the image of a divided country full of violent and shocking energies. It is disturbingly similar to the way we are now and yet – hopefully – completely different.

Further Titles



Stefan Kreuzberger

THE GERMAN-RUSSIAN EPOCH – History of a Special Relationship

- German-Russian relations are a key factor of world politics.
- A fascinating analysis in the course of the 100th anniversary of Rapallo Treaty on 16 April 2022.



March 2022 · 672 pages



© privat

Stefan Kreuzberger, born in 1961 in Calw, is professor of Contemporary History at the University of Rostock. He heads the Research and Documentation Centre of Mecklenburg-Western Pomerania focusing on the history of dictatorships in Germany. He publishes on German and Russian history in the 20th century and is, among other things, co-editor of the academic anthologies *Akten zur Auswärtigen Politik der Bundesrepublik Deutschland (AAPD)* and a member of the Joint German-Russian History Commission.

Cold proximity: how German-Russian relations shaped the 20th century.

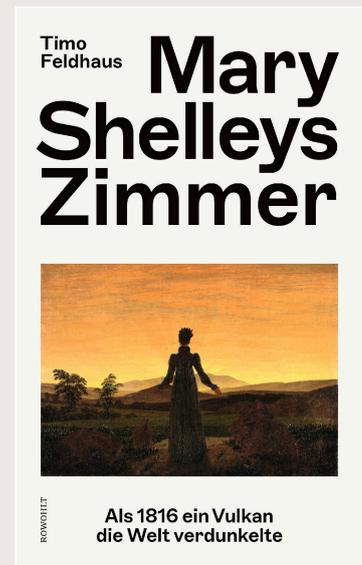
Germany and Russia – there are almost no other states in the world whose relations have been shaped anywhere near as profoundly by revolution and turmoil, by terror and violence, as well as isolation and rapprochement during the last 100 years. Time and again, these three mutual realities dictate world events and have an effect to this day. This is all the more true now, at a time when bilateral relations are not at their best. And this raises the question: what will the current century bring for German-Russian relations?

Stefan Kreuzberger writes about the tension-filled history of an epoch chequered with dramatic ruptures, reconciliations and changes. His analysis aims to help readers interested in history gain an insightful understanding of the complex overall context of the fascinating relationship between Germans and Russians.

Timo Feldhaus

MARY SHELLEY'S HIDEOUT

- A breathtaking panorama of Europe's coldest summer.
- A portrait of young Mary Shelley and her circle of friends from the Romantic movement.
- An expressive epochal painting that reads as powerfully as a novel and as detailed as a work of history.
- English sample translation will be available soon.



April 2022 · 320 pages



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Timo Feldhaus, born in 1980, is a journalist and author. After studying literature, he began writing for the *Süddeutsche Zeitung*, *Zeit Online*, *Monopol* and the *Welt am Sonntag* about art and society topics. He lives in Berlin and Munich with his family.

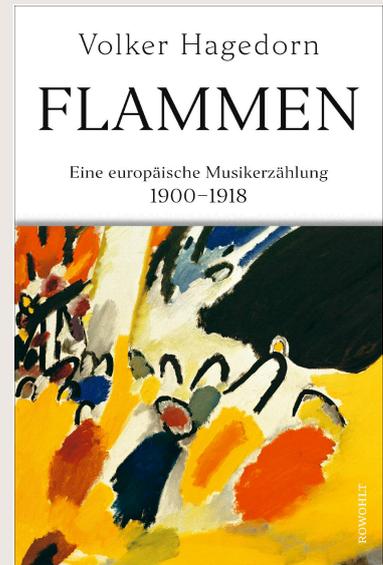
Under the volcanic cloud: when modern day monsters were created.

In 1815, Mount Tambora erupts on an Indonesian island. It is the most violent volcanic outbreak of the new age and causes immense climatic anomalies. Everything turns cold and dark, and even Europe experiences a year without summer. Timo Feldhaus follows the huge sulphur cloud that darkens the world and takes a look at what happens beneath it: Goethe discovers the science of clouds and never goes on holiday again; Caspar David Friedrich paints venomously yellow sunsets; Napoleon has been abandoned on the island of St. Helena and has lost everything. A girl sees her family die of hunger and wanders through the land where the national idea of Germany is budding. There is an artistic eruption in Geneva: 18-year-old Mary Shelley, who has recently fled from London with her lover Percy Bysshe Shelley, hides out with Lord Byron, the first popular icon of poetry, escaping the frost and storms. This is where the quiet, highly talented woman with the mad friends and famous parents has the idea for her first novel: the story of Frankenstein and his monster, one of the first science fiction stories. Timo Feldhaus describes a sky and a world in turmoil – which is surprisingly similar to today. It is an adventurous love story in the midst of a climate catastrophe. This is exactly how it happened.

Volker Hagedorn

FLAMES – Narratives of European Music History (1900–1918)

- A magnificently narrated book about an exciting chapter in European music!
- Volker Hagedorn was awarded the Gleim Prize for Literature in 2017 for his bestseller *Bachs World – The Family History of a Genius* was named book of the year 2019 by the magazine *Opernwelt*.
- “An exciting chapter of musical history, full of tragedies and triumphs.” *Uwe Wittstock, Focus*



April 2022 · 448 pages

Volker Hagedorn was born in 1961 and studied viola at the Hanover School of Music and Theatre. He went on to join the staff of newspapers and became a freelance writer and musician in 1996. His writing has appeared in *Die Zeit*, among others.

A world in turmoil – and with it, the music, from Debussy to Ethel Smyth to Stravinsky.

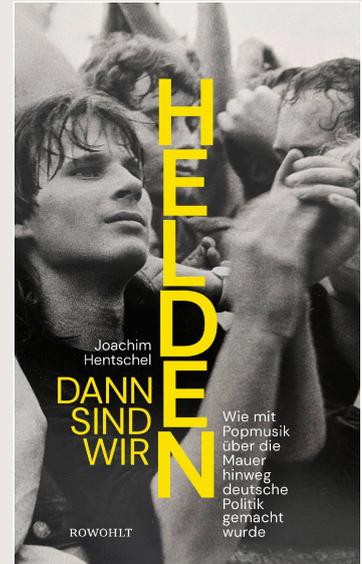
No other period in history has seen so much upheaval and disruption in just a few years. From the beginning of the 20th century up to World War I, the world saw a dizzying amount of change. Boundaries pushed in society, science and culture – and many composers acting as seismographs and catalysts at the same time. The eruption of creativity is to do with the freeing of emotions; just as the title *Flames* also means the war. It also didn't silence the music, and it is not the only answer to the question of what sort of Europe it was and what moved its people. *Flames* looks at the lives of two very different protagonists, leading us through private and political drama into the soundtrack of these years. There is Claude Debussy, who created a new form of music language in France, and there is the British composer Ethel Smyth, who not only composed music but also went to prison for fighting for women's rights; she loved the activist Emmeline Pankhurst and was at home in Vienna, Berlin, Paris and London. While following their stories, we encounter geniuses like Schönberg and Strauss, and we follow Mahler to Sigmund Freud and Debussy to Stravinsky. When these two played the still incomplete piece *Sacre* on the piano together, the audience felt like we all feel when we reflect on this time: “We were bowled over as if by a hurricane.”

Further Titles



Joachim Hentschel

- Told for the very first time: the complete history of German-German music exchange and its political dimensions.
- What role did the Stasi, politicians or Western record labels play in the music scene?
- Exclusive interviews with, among others, Udo Lindenberg, Peter Maffay, Campino, Puhdys, Karat and politicians and others involved from East and West Germany.



May 2022 · 416 pages



Joachim Hentschel was born in 1969. As a journalist, he has written numerous articles about pop culture in East and West Germany for *Süddeutsche Zeitung*, *Rolling Stone*, *FAZ*, *Vanity Fair*, *GQ*, *Allegra* and *Wired*, for example about Stasi members of East German rock bands as well as the significance of West German music for the peace and anti-nuclear movement of the 1980s. By referring to many past interviews and his extensive network of contacts, he has been able to access all the relevant protagonists and materials. His first book *Zu geil für diese Welt* (2018) dealt with the culture of the 1990s and the consequences of reunification.

The sound of a historical turning point – reunification and the German music scene.

The Cold War was getting colder, the fight around the political-ideological broadcasting supremacy between East and West testier. But at the same time amazing things happened in the late 70s and 80s. German-German cultural exchange was set in serious motion – and, what’s more, in an area which was always considered particularly sensitive: pop and rock music. Bands from the GDR like City, Pankow and Puhdys were sent on their first tours of West Germany, and Karat appeared on the television show *Wetten, dass...?*, which caused hundreds of thousands of Deutschmark to flow to East Berlin. In exchange, artists from the West like Udo Lindenberg, Peter Maffay and Rio Reiser were allowed to play in the GDR, and Die Toten Hosen rocked Ostkirchen – almost legally. It was about propaganda and foreign currency, hidden messages and political manoeuvres.

For the first time, Joachim Hentschel tells the full story of this time, speaks to contemporary witnesses and examines the background: who were the puppet masters? What role did the Stasi, the GDR culture ministry, the youth organisation FDJ, Western record labels and impresarios play? And how much did the extensive cultural exchange play a role in reunification?

Karl Lauterbach

BEFORE IT'S TOO LATE – What Will Happen If Politics Doesn't Keep Up With Science

- Politicians must finally listen to science.
- A highly urgent wake-up call and a strong plea for a policy that faces reality by one of the few high-ranking scientists in top German politics.
- "Lauterbach has just something that has always helped people to get back on their feet after crises: He's right."
Die Zeit



February 2022 · 288 pages

Karl Lauterbach born in 1963, is a German scientist and politician. He is professor for health economics and epidemiology at the University of Cologne. Lauterbach studied human medicine, health policy and management as well as epidemiology at the Harvard School of Public Health in Boston and held a fellowship at the Harvard Medical School. He was elected into the Bundestag in September 2005 and is the author of several books on health politics.

Whether it's the climate catastrophe, a pandemic, or nuclear danger: we know what has to be done. Why don't we take action?

We live in a time of unprecedented challenges. For the first time since the beginning of civilisation, human survival on this planet is at risk. With every passing day, accelerating climate change makes it less probable that we will achieve the goal of keeping global warming below 1.5 degrees. Scientists warn about tipping points, which are then breached nonetheless. Disappearing species, global water scarcity, health risks triggered by the food industry, pandemics that get worse – all the facts are on the table. So why do politicians fail to take action based on scientific findings? Politics must become more receptive to research and its results, keep up with science – otherwise, as Karl Lauterbach shows in this book, we will lose control over our future and fail. No one is better equipped than Karl Lauterbach, himself a politician and scientist, to explain why the interaction between politics and science must be revolutionised, what differing thought processes and attitudes towards action rule these two systems, and whether it is at all possible to bring them together.

Further Titles



Jürgen Kaube, André Kieserling

THE DIVIDED SOCIETY

- Jürgen Kaube and André Kieserling provide orientation in a confusing situation – and deliver nothing less than a coherent interpretation of present-day society.
- The social lines of division seem to be increasing, the trenches becoming ever deeper. Is our society threatening to rupture?
- “Incredibly interesting; material for endless reflection.”
Süddeutsche Zeitung on *The Beginning of Everything*



May 2022 · 224 pages

Jürgen Kaube was born in 1962 and is a managing editor of the *Frankfurter Allgemeine Zeitung*. He previously oversaw the humanities desk and was vice editor-in-chief of the culture section. In 2012 he was awarded the title of "Journalist of the Year in the Field of Science" by *medium magazine* and received the Ludwig-Borne prize in 2015. His highly acclaimed biography of *Max Weber* (2014) was nominated for the Leipzig Book Fair prize. The *Süddeutsche Zeitung* called his bestseller *The Beginning of Everything* (2017) "an exceptionally readable book" which is "incredibly interesting."

André Kieserling, born in 1962, studied philosophy and sociology in Frankfurt am Main and Bielefeld. In 2001, he received a professorship at the University of Mainz. Since 2006 he has been Professor of General Sociology at Bielefeld University. Kieserling is considered one of the best-known developers of Niklas Luhmann's systems theory.

Polarisation wherever you go. Where does this radicalisation come from, this anger?

Barely a day passes without talk shows and newspapers asking the question – what holds our society together nowadays? Whether it's poor versus rich, East versus West, country versus city, young versus old or the continuing discussions about identity, belief and gender: the divisions in society seems to be a sign of our times.

Jürgen Kaube and André Kieserling follow up this diagnosis: are the middle classes really getting fewer in number, and how can one even identify those in it? If Neukölln, the Muslim-dominated neighbourhood of Berlin, is a parallel society, then shouldn't the exclusive residential area in Munich Grunewald also be called the same thing? Were former societies really integrated more strongly, or were the conflicts and injustices just different? It can be said that society is primarily made up of inequalities; it gets dangerous when inequality increasingly polarises and leads to a permanent opposition. So what is just media talk, and where are the stress tests a real threat?

Further Titles



Anna Sauerbrey

TRANSFER OF POWER – How a New Generation of Politicians Is Changing the Country

- A gripping look behind the scenes, into the centre of power: Anna Sauerbrey has been observing political goings-on in Berlin at close hand for years.
- A must-read for anyone who wants to know how Germany is going to function in the future and who is going to be calling the shots.



May 2022 · 320 pages



Anna Sauerbrey, born in 1979 in Essen, joined the *Tagesspiegel* in 2011, and has been one of its editors since 2018. She regularly writes about Germany for the *New York Times*. She comments on daily political events for *Deutschlandfunk* and for *RBB-Fernsehen*, and has been a guest of CNN and BBC World Service. Anna Sauerbrey was named journalist of the year in the category “Best Regional Editor” in 2019. She lives in Berlin.

Individualists, charismatics, political entrepreneurs: a new generation is changing Germany.

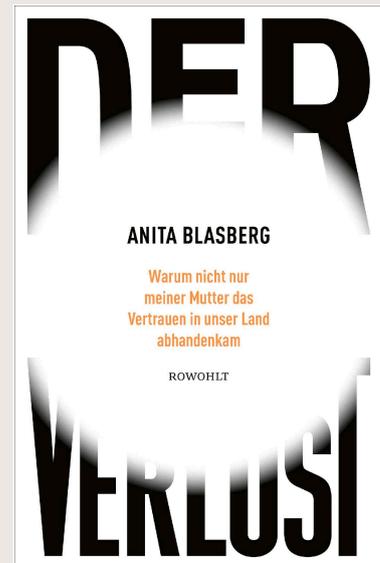
An era has come to an end with the end of Angela Merkel’s tenure – but who succeeds her? A new generation has entered the stage, and with it a new type of politician: charismatic political entrepreneurs, individualists who are permanently online and wear trainers. At first glance casual, free of ties, seemingly without ideology, strategically experienced, with friends beyond party lines and open to unusual alliances – and yet (or perhaps because of this) so authentic that the voters trust them. But what is this new style of politics, and what does it mean for our democracy?

Anna Sauerbrey looks at this new generation of politicians, which is already setting the direction of travel: Annalena Baerbock, Robert Habeck, Christian Lindner, Paul Ziemiak, Jens Spahn, Dorothee Bär, Kevin Kühnert and others. She explains what drives these individuals, what connects them and what distinguishes them, which alliances are forged in the backroom, and where the red lines are. Her book shows how the new political elite ticks: a gripping insight into the centre of the Berlin republic – and a perceptive diagnosis that allows us to look into the future of our country.

Anita Blasberg

LOSS OF TRUST – Why It Is Not Only My Mother Who Has Lost Faith In Our Country

- An insightful and personal approach to one of the most pressing issues of our time – the loss of trust in democracy.
- An award-winning reporter, a brilliant text.



September 2022 · 320 pages



© Vera Tammen

Anita Blasberg was born in Düsseldorf in 1977. She studied sociology, politics, psychology and German. She has been working as an editor and journalist for *Die Zeit* for 15 years. Recently, she set up the new “Discovery” desk, together with Dorothee Stöbener. She has been awarded the German Social Prize and the German Journalist Prize. She received the Prix Italia among other awards for her television report *Die Weggeworfenen*. Blasberg has two sons and lives near Hamburg with her family. “Anita Blasberg writes so compellingly that the reader is thrust into the midst of the events, and at the same time is provided with a razor-sharp analysis of what is happening.” *Anja Reschke*

Fewer and fewer Germans trust in their country’s institutions – not in the political parties, nor the media, not even academia. But can a democracy continue to function in such circumstances? Anita Blasberg, award-winning journalist, examines one of the most pressing questions of our time: people’s loss of trust in their own country. She reconstructs the gradual erosion of trust over the last thirty years in an engrossing and unsparing way – using the example of her own mother and by referring to historic fractures and quoting various people’s experiences. There is the university graduate who has sold off eighty East German businesses over two years; the hospital doctor who is expected to discharge patients more quickly than she would like; the politicians who are astonished to find themselves helpless in the face of the financial crisis, and then don’t bring about any changes after all.

The author finds that a lot of people don’t trust that the government really wants or is able to solve problems. People like her mother. The author’s conversations with her mother make the book personal. But above all it paints a lasting picture of recent German history – it shows the deep-seated reasons why many citizens feel estranged from politics.

Umes Arunagirinathan

PRIMARY COLOUR – Simply German. Why I Go Where the Racists Are

- Highly topical and explosive: a debate book on the subject of racist discrimination in Germany.
- More than 17,000 copies of his previous book *The Lost Patient* sold!



April 2022 · 240 pages

Dr Umes Arunagirinathan was born in 1978 in Sri Lanka and came to Germany as an unaccompanied refugee at the age of 13. Following his school leaving exams, he studied medicine in Lübeck and completed his doctorate at Hamburg University. He worked as a registrar at the University Clinic Hamburg-Eppendorf, as well as at the Clinic for Cardiosurgery in Bad Neustadt and at the Charité Berlin. He is a specialist heart surgeon and works as an acting senior practitioner at the Clinic Links der Weser in Bremen.

Highly topical and explosive – a gripping polemic book by the bestselling author on racial discrimination in Germany.

Doctor Umes is a heart surgeon, successful author, dedicated member of German society – and dark-skinned. Like many other people of colour, he repeatedly experiences discriminatory behaviour from those around him. Sometimes it is just a stupid comment, sometimes a grave breach of his dignity as a human being. At the same time, there is a debate about “what we are still allowed to say” without being called right wing.

Umes is not accusing but clarifying. With the aid of his own biography, he trenchantly describes the difficulties that people of colour face. He does not see himself as a victim, but rather as a champion for coexistence where the collective plays the main role: the primary colour – simply German. This includes the German language, freedom of self-expression, equality and quite a bit more. This is what defines society for Germans of all skin colours. We cannot allow racism to destroy these values.

Further Titles



Sarah Levy

FIVE WORDS FOR LONGING

- The award-winning journalist and new voice of the Third Generation, Sarah Levy, tells her personal story of a German Jew's arrival in Israel.
- The story of a process of self-discovery and a warm-hearted declaration of love to Israel.



May 2022 · 368 pages



Sarah Levy, born in 1985, learned her trade at the Henri Nannen School of Journalism and works as a freelance writer for *DIE ZEIT* and other publications. Since 2018, she has been in charge of coordinating the project *stopantisemitismus.de*, which offers information about and help against forms of daily antisemitism. She also works for various foundations.

What does it mean, three generations after the Shoah, to be Jewish and German?

For Sarah Levy, Israel had long been just a country where she went on holiday as a child, where there's a scent of tangerines in the air, and where you squash avocado inside pita bread for breakfast. As a student, she experienced the country as a place full of conflicts, exhausting, and ruled by entrenched mistrust. Then a journey changes the way Sarah sees Israel – and ultimately herself. She is in her early 30s when she falls in love with the country and the people she encounters there – their love of life, their vulnerability, their warmth. Another, bigger journey begins, more profound than Sarah could ever have imagined. In 2019, she leaves behind her life in Hamburg and emigrates to Israel. She has held a usually enthusiastic and sometimes aghast view of this small country ever since, a country where she is constantly being offered high-drama family stories or a Tupperware filled with red beet salad. Her book is the story of how Israel became the place of her dreams and desires; it explains how it was only there that she came to fully understand what it means to be a Jewish person from Germany.

Stefanie Arndt

EXPEDITIONS INTO A VANISHING WORLD – How the Melting of the Polar Ice Caps Will Change Our Planet Forever

- A stirring account of a dwindling habitat and a powerful plea to act now.
- Climate change is a pressing issue of our time: the Arctic and Antarctic are considered early warning systems for profound climatic changes.
- Stefanie Arndt is one of the most well-known faces in German polar research.



August 2022 · 240 pages

© Jonas Ginter



Stefanie Arndt, born in 1988, studied meteorology in Berlin and Hamburg. As a marine physicist at the Alfred Wegener Institute, she has been researching developments in the Antarctic and the Arctic for more than a decade. When she is not analysing the results of her expedition into the eternal ice, packing for the next great research trip on board the *Polarstern* or attending a conference, she tries to spend as much time as possible in the Antarctic, studying snow and ice. "Climate research is adventure, curiosity and acquiring knowledge at the same time. Stefanie Arndt does an amazing job of transmitting this!" *Sven Plöger*

Researchers give it less than 25 years: by the year 2050, the Arctic ice will have melted, and our planet, which generations have known only with polar caps covered in eternal ice, will change forever. What will be the consequences for mankind of the disappearing ice? How will it affect the climate, the oceans and our weather? Those who really want to understand climate change should cast a glance at the polar regions to recognise what they mean to our climate in Middle Europe and how they change, and therefore also change our daily lives. Stefanie Arndt allows her readers to see the furthest regions of the earth through her eyes. She writes about the deep-seated changes that she was able to observe on her expeditions with the research vessel *Polarstern*, of her work as a polar researcher, and of the delicate beauty of a disappearing habitat. What seems so far away suddenly moves very close: can we still stop the irreversible effects that the melting of the polar caps would bring with it? And if so, how?

Norbert Sachser (Hg.), Niklas Kästner (Hg.),
Tobias Zimmermann (Hg.)

THE UNDERESTIMATED ANIMAL – What We Know About Animals Today, and Need to Do Better in Our Dealings With Them

- A book for all those who would like to know more about the personality of their pets, farm animals, zoo animals and wild animals.
- Rights to Sachser's previous successful book *The Human Animal* were sold to the UK, The Netherlands, Russia and Korea.



April 2022 · 224 pages

Norbert Sachser was born in 1954. He is a professor of zoology and director of the Centre for Behavioural Biology at the University of Münster. He studied biology, chemistry and sociology, was awarded his PhD at the University of Bielefeld and became chair for animal psychology in Bayreuth. He is one of the world's leading researchers in his field. He was president of the Ethological Society, of which he is still today an honorary member.

Niklas Kästner and **Tobias Zimmermann** both studied biological sciences and were subsequently research assistants in the Department of Behavioural Biology at the University of Münster. Together they founded the online magazine *ETHologisch - Understanding Behaviour*, in which they provide information about current scientific findings on animal behaviour, thinking and feeling.

How do we treat animals? At home, in the stables, in the zoo and in the wilderness? Do we really know them? Do we understand them properly? Is everything we consider to be animal welfare really that? And how deep is the suffering when it occurs? What needs to change in the way we treat animals in the light of new scientific developments? The internationally renowned animal behaviour scientist Norbert Sachser has gathered experts together to bring our perception of animals up to date, from a practical and ethical viewpoint, and also from a legal and sociopolitical one.

Further Titles



Sheila de Liz

GIRL ON FIRE – All About the "Fabulous" Puberty

- The new book by Germany's most-loved gynaecologist.
- More than 200,000 of her previous books sold in total!
- English sample translation will be available soon.



August 2022 · 256 pages

Dr Sheila de Liz was born in 1969 in New Jersey, came to Germany at the age of 15 and studied medicine in Mainz. She's been running her own gynaecology and obstetrics practice in Wiesbaden since 2006. She is a recognised expert on everything concerning women's health. Her book *Lips Unsealed* was published in 2019, followed by *Woman on Fire* in 2020 – both became instant bestsellers.

Everything that girls (and their mothers) need to know about puberty.

Puberty is one of the most defining phases in a girl's life. Many women don't like to recall this turbulent time in which their bodies underwent radical changes, and their moods switched from on top of the world to the depths of despair in an instant. What is new, however, is that girls today are exposed to an unprecedented flood of influences through social media, which ensures even more uncertainty than the hormonal upheaval brings about. It's time for *Girl on Fire*, a different type of sex education book. Dr Sheila de Liz – better known on TikTok as Doctor Sex – uses humour, sensitivity and courage to tackle difficult topics geared towards her target readership, explaining what girls need to know (and often don't dare to ask).

Further Titles



Marlene Hellene

BARE MIDRIFF! – A Plea for a Self-Determined Pregnancy

- Marlene Hellene writes trenchantly, with razor-sharp wit, against the restraints that pregnant women are subjected to in society today.
- This book is a plea for a self-determined pregnancy, a call to liberalisation.



April 2022 · 192 pages

Marlene Hellene was born in 1979. She writes on her blog “Tollabea” and via her Twitter profile MarleneHellene. Her books *Little Treasures* and *He’s Outgrown the Baby Hatch* were bestsellers. Marlene Hellene lives with her family in Karlsruhe.

Bestselling author Marlene Hellene writes about nine months in the life of a woman which are highly charged with societal attributions and expectations. She addresses things that barely anybody speaks about, but which are real: the doubts (was it really a good idea?), the physical toll (where is the promised glow?) – and, above all, the fact that the pregnant body suddenly becomes a public domain (does my body still belong to me, or to everyone else?), how invasions of privacy and peer pressure can trouble women, and how hard they have to fight as mothers and mothers-to-be to stay self-determined. A new approach to pregnancy.

Further Titles



Pia Kabitzsch

IT'S A DATE – Tinder, Ghosting, Strong Feelings. What Psychology Knows About Dating

- Risk giving your heart without losing your nerve? After reading this book, you'll know how to do it.
- More than 150,000 social media followers on YouTube and Instagram.



April 2022 · 256 pages



Pia Kabitzsch is a psychologist and hosts the YouTube channel *psychologeek*, in which she explains psychology scientifically in an entertaining manner. She lives (and dates) in Berlin.

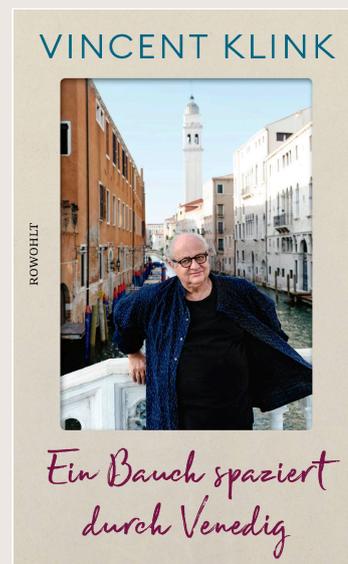
Dating without going crazy? This is how it's done!

Can you fall in hopelessly in love after 36 questions? Is online dating really as superficial as everyone thinks? What does science say about well-known dating myths, such as the three-day rule? Is the Tinder generation really incapable of relationships? And how can you make dating work, by risking your heart but not losing your head? The psychologist and science journalist Pia Kabitzsch takes a scientific look at fascinating questions about dating, refutes myths around searching for and finding love, and shares insights into her own turbulent dating life – it's funny, eye-opening and comes with an extra portion of love.

Vincent Klink

A Stomach Strolls Through Venice

- Renaissance and Risotto: Dolce Vita à la Vincent Klink.
- 60,000 copies sold of his former title *A Stomach Strolls Through Paris*.



May 2022 · 304 pages

Vincent Klink was born in 1949 and is the owner of the renowned gourmet restaurant Wielandshöhe in Stuttgart. He is the host of two cooking programs on German public television and also publishes a literary-culinary magazine.

Klink on the Canal Grande: a book for the travel season that is as entertaining as it is delicious.

For forty years now, Vincent Klink has been travelling to the region in Italy that has a winged lion as its emblem: Venetia. He loves the Venetian cuisine that goes beyond the clichéd “tomato and mozzarella”. Instead, he focuses on *sarde in saor* (tiny, sour fried herrings with cooked onion rings), *piccione cotto* (pigeon) or *seppie in umido* (octopus). Venice – this city of longing on stilts – is characterised by its cuisine as much as by its impressive, opulent artistic and cultural treasures; in his habitual relaxed and authentic style, Vincent Klink gives us an understanding of this place that goes beyond the romantic Rialto Bridge postcard.

With Goethe and Montaigne in his suitcase, he sets off on a journey from Stuttgart, and travels across the Brenner Pass towards Bolzano and Trento, where he comes across purple-coloured risotto. He takes a small detour to Vicenza and Padua, until he finally lands in the famous St Mark’s Square to enjoy a *cornetto* for breakfast, actually no, Vincent Klink likes to speak in the plural when it comes to *cornetto*, and has three *cornetti*. What follows is an enticing, Klink-like mixture of recipes, descriptions of Venetian walks and trips into the surrounding countryside: a portrait of Venetia as culturally rich as it is culinarily promising.

Further Titles



Benedict Probst

SAVE FOR THE PLANET – How to Invest Sustainably

- An accessible financial guide on sustainable investing.
- *Save for the Planet* offers guidance on an area that is booming but still confusing. *Green Finance*



June 2022 · 240 pages

Benedict Probst is an environmental economist at the University of Cambridge, consultant and author. His articles have appeared in the *Süddeutsche Zeitung* and the *Times Magazine of Higher Education*, among others. He was part of the conceptualization of the Mosaic Principle and has been applying it successfully ever since.

Nina Martin studied psychology and started her career as an innovation consultant for companies. She gives talks and offers coaching, is a novelist and journalist.

Everyone can invest sustainably. Step by step to a green portfolio with Benedict Probst and Nina Martin.

More and more people want to live sustainably. But while cutting back on flights, recycling and becoming vegan have become widely accepted, one topic is often missing in the discussion: our money. But the conscious investment of money is a decisive lever in protecting the planet. Ben Probst and Nina Martin explain why we don't need much money to make successful and environmentally friendly investments, how to differentiate between sustainable and seemingly "green" funds, and which investment strategies are right for every individual. They do all this in a very practical way in *Save for the Planet*. In addition, the book also contains a check list to help you assess your financial situation and provides practical examples, making it a step-by-step guide to sustainable investing.

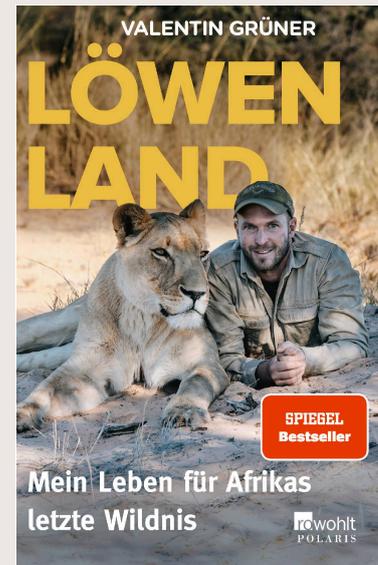
Further Titles



Valentin Grüner

LION COUNTRY – My Life Dedicated to Africa's Last Wilderness

- The adventurous story of a young German gamekeeper and conservationist in Africa.
- Almost 10,000 copies sold within 3 weeks!
- 6-part Netflix series (released in 2019 / USA) and one million followers on tiktok!
- With lots of photographs – for all those who enjoyed Gesa Neitzel's *Having Breakfast with Elephants*.



March 2022 · 192 pages



© Fabian Gieske

Valentin Grüner, born 1987 in Engen am Bodensee, now lives in Botswana as a conservationist, environmental activist, park ranger and businessman. He is the co-founder of the Modisa Wildlife Project, and achieved particular recognition through his close bond with the lioness Sirga, whom he raised by hand. "The king of the lionesses." *Bild* "A highly unusual relationship." *BBC*

Alexander Krütfeldt was born in Achim in 1986. He has contributed to *Süddeutsche Zeitung*, *Die Zeit*, *Krautreporter*, *Vice* and *taz*. He is also a curator on *piqd.de*, where he presents valuable and well-written content from across the web. His widely acclaimed *SZ* series entitled "Acht Häftlinge" was nominated for several journalism prizes. He lives in Leipzig.

Valentin Grüner is living many people's dream: at the age of twenty, he gave up his home near the Bodensee for life as a gamekeeper and conservationist in Africa, and moved to one of the remotest areas on the planet, in the Kalahari desert in Botswana. Everything changed for him when he found an abandoned female lion cub nine years ago: from then on, little Sirga dictated his daily life, grew into an imposing big cat, and leaned to hunt and feed herself as she roamed with Valentin. It was only through immense willpower, creativity and perseverance that Valentin eventually managed to build a reserve in the African wilderness for Sirga – returning her to the wild was not an option. The risk that the lioness would become a threat to both humans and animals was too great. Now Sirga roams through her own territory, fitted with a satellite collar, under Valentin's watchful gaze. In his book, Valentin Grüner writes about his mission, his adventurous story – and his friendship with the lioness Sirga.

Maria Rossbauer

CITY FARMER – My Father, His Land and Me

- An excitingly told story of a major change that turns the journalist's life upside down: She becomes a farmer!
- For all those with dreams of escaping and all those in search of a piece of nature.



May 2022 · 208 pages

© Sebi Berens



Maria Rossbauer was born in 1981. She did a hotel apprenticeship, studied neurobiology and went on to attend the German School of Journalism in Munich. Now she is an editor with *Zeit* – and a farmer.

Urban exodus and a longing for rural life.

City, countryside, new beginning? The call came out of nowhere. Maria's father, a farmer in Lower Bavaria, wants to pass his farm on to his children. And Maria is to take over the farm, despite the fact that she knows as little about farming as her father does about city life, namely nothing. Maria is a journalist in Hamburg, and if her children want to go and see animals, they go to the zoo. But the farm is her father's great passion. Is this the last chance to understand him? Maria realises she has to step up to her inheritance. Suddenly she is faced with not only stubborn farm machinery, but also tax advisors. She learns to pay attention to the wind, rain and sun, and realises how much fun it is to drive a tractor. But will she be able to master this challenge?

Janni Kusmagk, Peer Kusmagk

FOLLOW YOUR HEART – Learn How to Trust Your Feelings and Create Your Own Life

How can you lead your life staying true to yourself, despite any and all societal conventions?

Janni and Peer Kusmagk meet and fall in love in unusual circumstances – in front of the camera. They start a family and travel all over the world. In their journeys, they encounter people from all walks of life but with one thing in common: they have followed their heart. By and by, they discover the recipe for a happy life. Upon returning home and to their daily routines, Janni and Peer implement their experiences, question conventional family models and don't shy away from taking a close look at painful times in their lives. They want this book to serve as an encouragement for others to trust their feelings and take charge of their happiness, offering practical tips and many insights into their unusual life as a celebrity couple.



March 2022 · 224 pages

Greta Silver

MAKE YOURSELF GLOW – Beauty in Older Age

Greta Silver shows how to move through life without worrying – at any age. Her new book offers women concrete tips to shine. She shares tips on what to eat, and her own recipes for cleansing the body and fill it with energy; she gives advice on caring for oneself and explains how to refill one's inner resources, find new strength, and redefine oneself in old age, both practically and mentally.



March 2022 · 144 pages

Karin Kuschik

50 SENTENCES THAT MAKE LIFE EASIER – A Compass for More Self-Confidence

Coaching to go: finding calm at work and at home and setting boundaries.

Sometimes a single sentence can very easily resolve a situation – at work or at home. In this book Karin Kuschik has gathered together 50 such small sentences with a big impact, drawing on her wealth of experience as a business and life coach. With vivid language and numerous practical examples, she shows us how powerful words can have a freeing effect, how they make us strong, confident and self-determining. A treasure trove of fascinating, clear and realistic tips.



March 2022 · 320 pages

Clara Louise

GIVE YOURSELF WHAT YOU DESIRE – An Advent Calendar

A beautifully designed Advent calendar with helpful tips and inspirations for a loving environment.

There is no other time that we connect with calm and contemplation as much as the twenty-four Advent days in December. And yet it is these weeks before Christmas, amid working days, family life, buying presents and writing cards, that seem more stressful than any other month of the year. How would it be to have a few minutes each day to find calm, to pull a card out of the Advent calendar and to read a few inspiring lines that invite you to reflect on your own life, to do something for yourself and to experience the period before Christmas in a mindful way? This beautifully designed Advent calendar by Clara Louise invites you to find yourself and find calm at the end of an eventful year.



July 2022 · 25 Karten

Dietmar Wischmeyer

WHEN MAMA WAS OUR CHANCELLOR – Memories of a Totally Crazy Time

Who remembers Hygge, what are flexitarians, and where is Würselen? This is Wischmeyer's chronicle of the Merkel era.

When politicians stay in power for a long time, their era is often perceived as being dull and outdated. This book, however, celebrates the Merkel years as the beginning of the great turnaround that is beginning to take shape: electric vehicles, vegan sausages, gendering and the home office. A bulging portrait of the epoch, including forgotten Zeitgeist concepts (the "ice bucket challenge", work-life balance), blatant mindset products (Thermomix, Tesla, robot lawnmowers) and a gallery of high-profile Merkel opposers, Merkel friends and collateral victims. Madly funny and truer than you might want to believe.



March 2022 · 336 pages

Sina Scherzant, Marius Notter

RIOTS AND TREKKING SANDALS – More Small-Town Madness With the Ahlmanns

Annette is mayor! But as her darling husband Achim predicted before the election, the madness is about to begin. Anette's first big project is about to get off the ground: the redesign of the run-down youth club into a smart multi-generation project. The youth club has been annoying the over-40s in Hildenbergen for years now. Instead of binge drinking, cigarette butts, shards of glass and alcopops, young and old are now meant to settle down together doing arts and crafts, cooking and games evenings. But Annette hadn't reckoned with the youthful opposition that came her way in the weeks that followed. The young folk in Hildenbergen are mobilising themselves against the mayor's new plans ...



March 2022 · 240 pages

Hella von Sinnen (Hg.), Cornelia Scheel (Hg.)

DEAR DICKI – Memories of Dirk Bach

Ten years without Dirk Bach: friends and companions remember the great entertainer.

Actor, comedian, legendary presenter of *I'm a Celebrity ... Get Me Out Of Here!*, companion – Dirk Bach was at home on many stages and in many roles, and he was an especially good and close friend to a lot of people. 1 October 2022 is the ten-year anniversary of his death, and to mark this occasion those who cared about him – especially Hella von Sinnen, who shared half her life with him – want to remember their much-loved friend. In this colourful book Harpe Kerkeling, Bastian Pastewka, Gerhard Polt, Olli Dittrich, Frank Schätzing, Udo Lindenberg and many more also share stories, large and small, about a small, big man, who is still greatly missed.



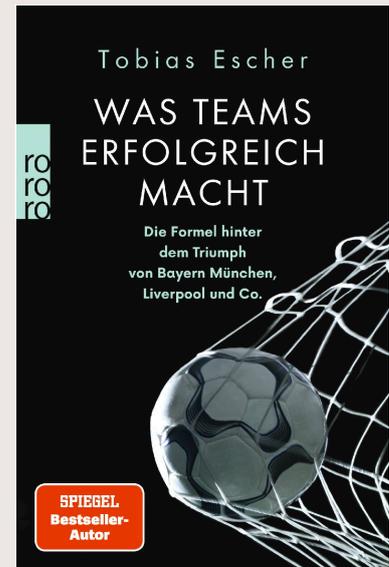
September 2022 · 256 pages

Tobias Escher

WHAT MAKES TEAMS SUCCESSFUL – The Formula Behind the Triumph of Bayern Munich, Liverpool and Co.

Thrilling and informative: bestseller author Tobias Escher writes about success factors in football.

Why does Bayern Munich always win the title each year? How did Liverpool F.C. make it to the top of the league table again? And why can't Hamburger SV make it back into the first division? Tobias Escher sets out to determine the success factors for football teams. He speaks to coaches, players and others involved, and analyses the many aspects that have to work and come together so that a team wins matches. This is a book not only for football fans but for all those who want to be successful in a team.



August 2022 · 304 pages

Christian Spiller

THE CURSE OF THE SUPER CLUBS – How Money Is Destroying Football

For a long time, football was a game where everyone had a chance at winning. Its unpredictability made it the most popular sport in the world. But in recent years, things have changed. The immense amounts of money that are being moved – in particular between the mega clubs' accounts – have turned it into a kind of private function. Bayern München win because they have money – and then they get more money because they win. But if it's always the same teams that win, how exciting is the game? Christian Spiller, head of *ZEIT ONLINE*'s sports section, takes a look at what is wrong with this system and asks: Does the football we love have a chance to survive?



March 2022 · 272 pages

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