

AUTUMN 2026 & WINTER 2027

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Annette Kehnel

THE PHOENIX EFFECT - How Societies Overcame Crisis and What We Can Learn Today

- The lesson of history: Something new can grow from the ruins. Not by chance, but through the power of those who act.
- A book that empowers us to face today's crises with strength and resilience.
- Kehnel's previous titles were sold to Italy, the Netherlands, Korea, Turkey and the UK.
- English sample translation available.



October 2026 · 256 pages

Annette Kehnel studied history and biology at Albert-Ludwigs-Universität Freiburg, Somerville College Oxford, and LMU Munich. Her doctoral studies at Trinity College Dublin focused on the research of Irish monastic communities, after which she habilitated at the University of Dresden. Since 2005, she has held the Chair of Medieval History at the University of Mannheim. Her book *Wir konnten auch anders* (2021), in which Kehnel explores medieval sustainability knowledge for the present, became a *Spiegel* bestseller and won the *NDR* Non-Fiction Book Prize.

What happens when the crisis is already here and the damage is done?

Is there still a chance for recovery? History says: Yes.

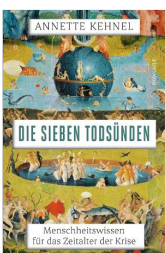
Time and again, humanity has faced catastrophes - whether self-inflicted or beyond our control - and found ways to adapt. Often, the solutions were surprisingly creative.

Historian Annette Kehnel explores these pivotal moments: from Dutch engineers using wind energy to power the Netherlands' Golden Age, to a Hamburg merchant's massive investment in reforesting the decaying Elbe forests. She examines London's "Great Stink" sewage crisis and the diplomatic triumph of the Montreal Protocol, the first universally ratified environmental treaty to protect the ozone layer.

Kehnel's research proves that under extreme pressure, societies can rethink their path and forge solutions that benefit generations to come.

"It's refreshing to look back at the past against the backdrop of today's multiple crisis." (NZZ on her previous title)

Further Titles



Juliane Schiemenz

MY ANCESTOR, THE WITCH, AND ME - A Story of Family, Rage, and Womanhood

- Tracing the legacy of a witch trial victim: A descendant of one of history's most famous victims of the witch hunts follows her ancestor's story.
- Brilliantly told, Juliane Schiemenz explores female rage, non-conformity, and societal expectations of women's lives.
- English sample translation available.



October 2026 · 240 pages



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Juliane Schiemenz, born in 1981, studied German Literature and Communication Science before graduating from the prestigious German School of Journalism. Based in Dresden, she worked as a long-time editor for the magazine *Reportagen*. Today, she writes for leading publications including *Deutschlandfunk Kultur*, *Die Zeit*, *Neue Zürcher Zeitung*, and *Der Spiegel*. Her reports have been nominated for several major awards, including the *Henry Nannen Prize* and the *German Reporter Prize*.

From witch trials to modern norms: A journey through female resistance.

Beautiful, proud, annoying - in the past, attributes like these could lead women like Sidonia von Borcke to the stake. Today, they are met with online vitriol, condescension, or mockery. Why does the fear of the non-conforming woman remain so pervasive?

Juliane Schiemenz, a descendant of Sidonia, traces the life of her legendary ancestor, who was condemned as a witch in 1620. Sidonia was described as quarrelsome and insatiable. It is hardly surprising: she never married, had no children, and instead fought for her inheritance in court. She was a nuisance to the men of her time.

For her descendant, this constellation feels strikingly familiar. Even today, women who stand their ground and refuse to remain silent are often labeled as "difficult" or "angry." Whether single parents, divorced, employed or not, women continue to face systemic criticism for their life choices.

In a compelling blend of historical research and autobiographical exploration, Juliane Schiemenz uncovers the expectations placed on women's lives both then and now. She reveals how deeply rooted the prejudices against non-conforming women truly are. This book is a courageous, personal plea to resist the pressure of societal norms and to forge one's own path.

Gunda Windmüller

THE INVENTION OF THE DAUGHTER - The Meaning and Making of Daughterhood

- From Iphigenia and Mary Tudor to Britney Spears: A compelling feminist cultural history of what it truly means to be a daughter.
- A book that will make every woman think: How does this role affect me?
- English sample translation available soon.



November 2026 · 256 pages

Gunda Windmüller, born in 1980, is a PhD in literary studies and has worked as a journalist for publications including *Zeit Online* and *Welt kompakt*. She co-hosted and produced the podcast "Fix&Vierzig" with Katja Berlin. Her first non-fiction book, *Weiblich, ledig, glücklich – sucht nicht*, was published in 2019 by Rowohlt. She completed her training as a yoga teacher and has been teaching yoga in Berlin since 2021.

Being a daughter is a role that does not disappear with adulthood. It is the fundamental blueprint that defines what it means to be a woman. This book explores how patriarchal orders inscribe themselves into families, economic dependencies, and our very definition of a "proper life." It examines love and expectation, intimacy and guilt, and the things that remain unsaid.

Gunda Windmüller traces the archetypes of the sacrificed, the rebellious, the caregiving, the overlooked, and the unwanted daughter. She tells the stories of real and fictional daughters across mythology, history, and the present day - from Iphigenia to Britney Spears, from Mary Tudor to the heiresses of modern public life. In doing so, she reveals how deeply images of the daughter are shaped by patriarchal structures and why the mother often appears as a void in many daughter-stories. The result is a profound portrait that captures an issue moving countless women today.

Further Titles



Tom Mannewitz, Tom Thieme

THE SILENT TAKEOVER - How Enemies of Democracy Are Hijacking the State

- The first systematic analysis of how anti-democrats specifically target and sabotage the judiciary, schools, police, and government agencies.
- A matter of collective urgency: How can we better protect our institutions from infiltration by the enemies of democracy?



August 2026 · 256 pages

Tom Mannewitz is a Professor of Political Extremism and the History of Political Ideas at the Federal University of Applied Administrative Sciences in Berlin. His research focuses on constitutional culture, extremism, and democracy in Germany. He has published extensively on these subjects, with a recent focus on how extremists exert pressure on state institutions. He earned his habilitation in Political Science from the Chemnitz University of Technology.

Tom Thieme is a Professor of Socio-Political Education at the Saxon Police University. He earned his habilitation in Political Science from the Chemnitz University of Technology. His research and publications focus on the threats of far-right and far-left extremism across federal and state levels, as well as within political parties.

Police officers and soldiers networking in far-right WhatsApp groups; teachers questioning the very foundations of the state; lay judges challenging the rule of law; civil servants sabotaging projects: what often appears to be a series of isolated incidents is, in fact, part of a long-term strategy. For many years, Tom Mannewitz and Tom Thieme have been investigating how extremists - particularly those on the far right - systematically infiltrate state institutions.

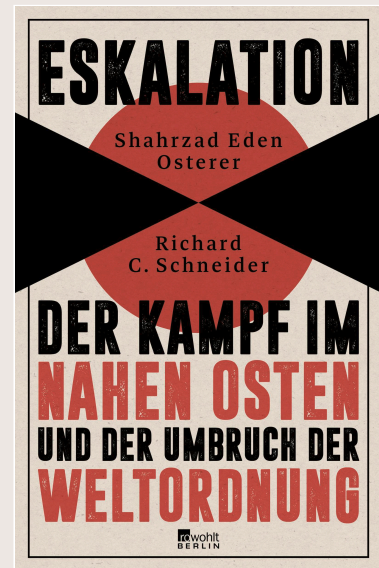
The problem is far more extensive than generally assumed. Never before have government agencies, the armed forces, the police, intelligence services, the judiciary, and schools been subjected to such intense and systematic attempts by extremists to subvert them and place loyalists in key positions. For the first time, this book provides a detailed account of the strategies used to hijack state institutions and strip them of their ability to function. Mannewitz and Thieme argue for a targeted approach combining repression and prevention, and urge that the threat of far-right infiltration of our institutions finally be taken seriously.

"The authors are recognized experts on extremism and have advised security agencies for years. Far-right enemies of the state are already attacking our institutions. It is high time to take a closer look." DIE ZEIT

Shahrazad Eden Osterer, Richard C. Schneider

ESCALATION - The Battle for the Middle East and the Shifting World Order

- The Israel-Iran conflict has entered an unprecedented spiral of escalation, shaking the Middle East like never before - with global repercussions.
- A gripping firsthand report and profound analysis in one, capturing the pulse of the latest developments in real-time.
- English sample translation available.



September 2026 · 256 pages

Shahrazad Eden Osterer, born in Tehran in 1984, decided to leave her homeland at the age of twenty. Since 2010, she has worked as a journalist and author for various media outlets, most notably for ARD (Germany's flagship public broadcaster). As a sought-after expert, she regularly comments on the Middle East, antisemitism, and women's rights. Through her reporting and her deep ties to Iranian civil society, she is recognized as one of the most prominent voices on Iran in the German-speaking world.

Richard C. Schneider, born in 1957, is a journalist, author, and filmmaker. From 2006 to 2015, he served as ARD bureau chief and chief correspondent in Tel Aviv, later becoming head of TV and chief correspondent at the ARD studio in Rome in 2016. Until the end of 2022, he worked as an editor-at-large and filmmaker for ARD. He is also a regular contributor to *Der Spiegel*, writing on Israel and the Middle East. His recent works include the four-part documentary series *Die Sache mit den Juden* (2021), which explores antisemitism in Germany, and the *Spiegel* bestseller *Die Sache mit Israel*. Richard C. Schneider lives in Munich.

The conflict between Israel and Iran has reached a new stage of escalation with the recent open confrontation and the military intervention of the United States. Following the events of October 7, 2023, and the violent conflict in Gaza, the Middle East has been plunged into a new phase of radical upheaval, fatally cementing the enemy images between Jews and Muslims. This conflict does not only shake the entire region; under the tense influence of the USA, China, and Russia in the Middle East, it also signals a struggle for a new world order - with immediate consequences, not least for Europe.

German-Iranian journalist Shahrazad Eden Osterer and veteran Middle East correspondent Richard C. Schneider examine the causes of this intensifying confrontation, revealing the complex power structures and ideologies hidden behind it. A gripping report on the pulse of the latest developments - and a profound analysis that demonstrates what is currently happening in the world's most dangerous crisis region and what lies ahead.

Iris Radisch

YOU DON'T HAVE TO UNDERSTAND LIFE - Rilke's Days and Dreams

- A profound and haunting portrait of the great poet, marking the 100th anniversary of his death in 2026.
- With exceptional narrative power, Iris Radisch unveils the magic and the enduring mystery at the heart of Rilke's work.
- Her previous work *Camus - das Ideal der Einfachheit* sold over 80,000 copies.



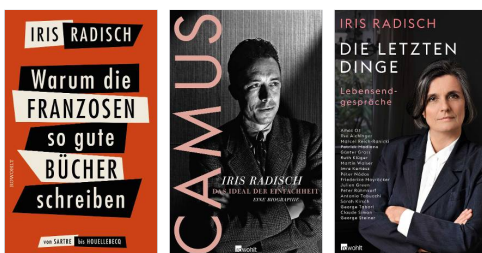
October 2026 · 256 pages

Iris Radisch was born in Berlin in 1959 and became editor of the feuilleton section of DIE ZEIT in 2013, having been a literary journalist there since 1990. She has also moderated several TV programmes. In 2008 she was honoured with the Media Award for Linguistic Culture by the German Language Society. The French culture minister appointed her a “Chevalier des Arts et Lettres” in 2009. Her biography *Camus - Das Ideal der Einfachheit* spent many weeks on the German bestseller lists.

When Rainer Maria Rilke died 100 years ago, he left behind decades of restlessness. Whether in the Worpswede artists' colony, with his mentor Rodin in Paris, or among the women who sustained him throughout his life, he never stayed long in one place. A well-connected loner across Europe, whose travels took him as far as Tolstoy's Russia, he sought freedom of movement, human touch, and resonance. He never allowed himself to be claimed by any single ideology. He mistrusted anything fixed or permanent in thought or love, just as he mistrusted rigid boundaries between man and woman. Perhaps for this reason, he embodied so many of the apparent contradictions and awakenings of his time: life reform, the religion of the earth, spiritualism, the critique of progress and technology, the culture of the old European aristocracy, and the modern Paris of Baudelaire. On his own unique path, Rilke found words and images for the connection between life and death - a connection that, as he recognized, ultimately eludes cold reason.

You Don't Have to Understand Life: Iris Radisch accompanies Rilke on his quest - and observes how he transforms his experiences into timelessly beautiful poetry.

Further Titles



Tobias Lehmkuhl

NONE OF US - The Life of Irmgard Keun

- A comprehensive and vivid portrait of Irmgard Keun, a true icon of 20th-century literature.
- From the Roaring Twenties and the Nazi era to exile and the post-war German Republic - a fresh and fascinating account of Keun's journey.
- With previously unpublished archival material, offering a new perspective on her mysterious return to Germany and her personal tragedies.



October 2026 · 304 pages

Tobias Lehmkuhl, born in 1976, studied in Bonn, Barcelona, and Berlin. Since 2002, he has worked as a freelance journalist, writing for *Die Zeit*, *Deutschlandfunk*, and the *Frankfurter Allgemeine Zeitung*. In 2017, Tobias Lehmkuhl received the Berlin Prize for Literary Criticism. His biographies of pop icon *Nico* (2018) and *Der doppelte Erich. Kästner im Dritten Reich* (2023) were highly acclaimed by the press.

Irmgard Keun's arrival on the literary stage in 1931 was nothing short of a sensation. In her mid-twenties, she became an overnight star, creating unforgettable female protagonists in *Gilgi – eine von uns* and *Das kunstseidene Mädchen*. But then, the Nazis rose to power. Keun emigrated to Amsterdam, embarked on a stormy affair with Joseph Roth, and maintained close friendships with Heinrich Mann and Stefan Zweig. In 1940, she mysteriously returned to Germany, trading exile for a life without prospects. After the war, she continued to portrait her contemporaries with undiminished wit and sharp insight - befriending Heinrich Böll - yet, overshadowed by personal tragedies, she struggled to regain her footing as an author.

Each of the political eras Keun lived through was captured by her in incomparable ways: her life and work reflect the roaring twenties, the Nazi period, and the early West German Republic; they tell of fame and oblivion - until her late rediscovery in the Federal Republic. What a story - the story of an icon! In a gripping narrative, Tobias Lehmkuhl unfolds Irmgard Keun's biography in its full, vibrant complexity for the very first time.

Further Titles



Viyan Dr. med. Sido

THE LONGEVITY STRATEGY FOR WOMEN - Seven Pillars for a Long and Healthy Life

- Finally: A science-based longevity strategy tailored to the unique biological needs of the female body.
- Dr. Viyan Sido combines high-level clinical expertise with a practical, real-world approach to women's health.
- Complete English translation available.



August 2026 · 480 pages



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Dr. Viyan Sido, is a specialist in cardiac surgery and general medicine, with a focus on prevention, women's health, and longevity. In addition to her clinical training - which included residencies and fellowships at the University Hospital Bonn, the Charité in Berlin, as well as in Boston and London - she holds a Master of Science in Public Health (MScPH) from Salzburg. Since 2025, she has operated her own practice for preventive medicine in Hamburg. Simultaneously, she leads the university outpatient clinic for gender-specific medicine, featuring a specialized women's clinic, at the Brandenburg Heart Center. For years, she has been a dedicated advocate for healthcare that addresses the specific medical needs of women.

We have a profound influence on how we age - let's use it.

Healthy aging is not a matter of chance; it is built on knowledge, prevention, and a conscious approach to one's own body across all stages of life. Sharing this understanding is the primary mission of Viyan Sido. As a medical doctor and longevity expert, she knows from professional experience that women in healthcare are still too often overlooked, misdiagnosed, or inadequately treated. This makes it all the more vital for women to understand their own bodies and take responsibility for their health before illness even occurs.

The encouraging news is that a significant portion of our health can be influenced by lifestyle choices. This does not require radical changes or perfection. Often, it is small, consistent adjustments in daily life that yield the greatest long-term effects. Viyan Sido demonstrates how women can identify, step by step, what truly benefits their physical and mental well-being and their individual lifestyles - providing a foundation that is both evidence-based and practical for everyday life.

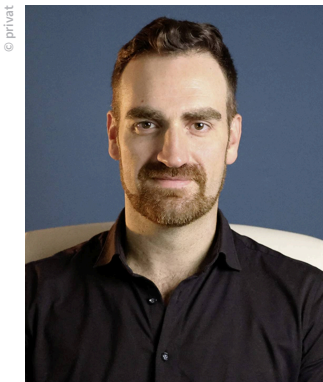
Ramón Schlemmbach

HEALING YOUR CHILDHOOD BAGGAGE IN 5 SIMPLE STEPS

- An expert psychologist delivers effective methods to heal childhood conditioning and leave limiting beliefs behind.
- A powerful guide for everyone ready to embrace change and finally live an authentic life of inner freedom.
- English sample translation available soon.



January 2027 · 256 pages



Ramón Schlemmbach is an experienced clinical psychologist, systemic couples therapist, and licensed psychotherapist. He is a leading expert on childhood conditioning and developmental trauma. As a father himself, his mission is to foster a healthier society where children can grow up with freedom, lightness, and the opportunity to reach their full potential. He pursues this goal through his clinical practice, online seminars, and his highly successful social media channels. Ramón Schlemmbach lives with his family in Schwerin, Germany.

Our childhood lays the foundation for our adult lives - yet all too often, it is our early conditioning that keeps us trapped in rigid behavioral patterns. Clinical psychologist Ramón Schlemmbach offers a well-founded, practice-oriented roadmap for coming to terms with one's past.

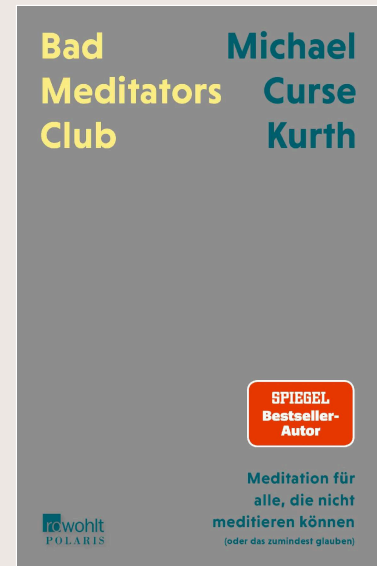
At the heart of the book is an innovative five-step method designed to guide readers safely through the process: from initial diagnosis and identifying key formative experiences to the emotional neutralization of old wounds and targeted work on self-esteem. An integrated self-test helps readers to immediately identify their individual blockades.

Schlemmbach succeeds in making complex psychological concepts accessible while providing concrete tools for genuine, lasting behavioral change. This is a book for anyone who wants to not only understand their past but, more importantly, actively shape their present and transform their life for the better.

Michael Curse Kurth

BAD MEDITATORS CLUB - Meditation for people who can't meditate (or at least think they can't)

- Practical tools and simple techniques for an effortless start to meditation for everyone.
- Bestselling author shows how to master meditation without any prior experience, incense sticks, or the perfect lotus position.
- 40,000 copies sold of his previous book *199 Fragen an dich selbst* with rights sold to the Netherlands (Unieboek Het Spectrum).
- English sample translation available soon.



December 2026 · 224 pages

Michael Curse Kurth was born in 1978 and was one of the early pioneers on Germany's promising hip hop scene. He has released seven albums, is a Buddhist, a qualified systemic coach and teacher of Tibetan yoga. His podcast is called *Meditation, Coaching & Life*. Michael Kurth is in great demand as a speaker on meditation and work-life balance issues. He runs workshops on the 0000+X method and lives in Berlin with his family.

Many people would like to meditate but feel they lack the time or believe that meditation simply doesn't work for them. They are often discouraged by the cliché that one must already be "enlightened" or profoundly relaxed just to begin. Michael Curse Kurth dispels these myths, explaining with humor that we are all "Bad Meditators" - and that this is precisely the key to success.

In this book, he provides a step-by-step guide showing that anyone can meditate. He demonstrates how it can succeed even amidst inner restlessness or while walking, and how it helps us clear our minds to find answers to our questions. Whether it is stress reduction, improved sleep quality, or increased focus: the benefits of meditation are immense. This is a pragmatic guide that throws perfectionism overboard and shows how every one of us can find greater serenity through meditation.

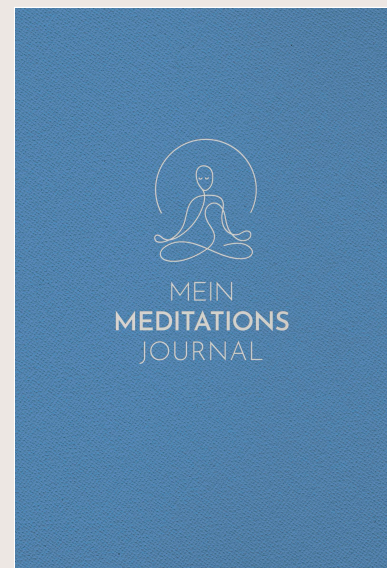
Further Titles



Felix Zuppe, Petra Hess

MY MEDITATION JOURNAL

- From beginners to experts - the ideal companion to start or deepen your meditation practice .
- With exclusive daily guided audio meditations via QR Code.
- A journal to develop lasting habits, a daily ritual that actively reduces stress.
- A powerful tool for building inner strength, sustainable happiness, and a deeper commitment to authentic self-care - your daily source of well-being.



November 2026 · 208 pages

Felix Zuppe, originally from Bavaria, has been hosting the meditation podcast *Mindlook* since 2020, garnering over 150,000 followers across Spotify and YouTube. Previously, he spent several years working in video production and e-commerce. Together with Petra Hess, he developed the *Meditation Journal*.

Petra Hess, based in Berlin, has been hosting the meditation podcast *Koala Mind* since 2018, reaching over 50,000 regular listeners. As a certified MBSR teacher, she specializes in mindfulness and offers MBSR (Mindfulness-Based Stress Reduction) courses both online and throughout Germany. Together with Felix Zuppe, she conceived the highly successful *Meditation Journal*.

My Meditation Journal is a beautifully designed companion that helps you cultivate a daily practice of meditation, focus, and relaxation to find lasting contentment. Alongside insightful mindfulness prompts, it provides dedicated space each day for journaling your thoughts. What sets this journal apart is the exclusive access to over 100 guided audio meditations by successful podcasters Felix Zuppe and Petra Hess, easily accessible via QR code.

This unique combination of meditation and journaling bridges the gap between the stillness of practice and the clarity of reflection. In just 10 minutes a day, you can find peace and renewed energy - whether as part of your morning routine, a mindful breather during the day, or a way to unwind in the evening. Explore a holistic approach to mental well-being that fits perfectly into any lifestyle.

Ina Henning, David Mayer

THE ONE BOOK TO READ IF YOU WANT TO STAY TOGETHER

- A practical, solution-oriented roadmap to a fulfilling relationship.
- The essential guide for those ready to fight for their love and discover a deeper, more resilient level of intimacy and connection.
- Complete English translation available.



August 2026 · 288 pages

Ina Henning is a systemic couples therapist, systemic sex therapist, and mother. Together with her partner David, she hosts the popular channel @paartherapeutenpaar, where they support couples navigating crises, the daily grind, and fresh starts. They understand these challenges from firsthand experience: the two live in a "patchwork" family, successfully managed a long-distance relationship, come from different age groups, and possess very different personalities.

David Mayer is a systemic couples therapist, relationship counselor, and sex educator. Together with his partner Ina, he hosts the popular channel @paartherapeutenpaar, where they support couples navigating crises, the daily grind, and fresh starts. They understand these challenges from firsthand experience: the two live in a "patchwork" family, successfully managed a long-distance relationship, come from different age groups, and possess very different personalities.

Many couples feel stuck - trapped in a cycle of blame, misunderstanding, and the draining grind of balancing career and family. Often, separation seems like the only way out, yet many truly want to stay together. Experienced couples therapists Ina and David offer expert guidance for these very situations. Instead of finger-pointing, they focus on personal accountability: each partner taking full responsibility for their share of the relationship.

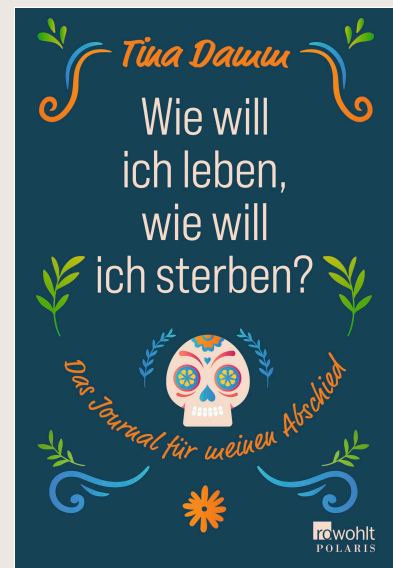
This book illuminates the core pillars of a fulfilling partnership: communication, emotional intimacy, and trust. In a practical and accessible way, the authors show couples how to rebuild a genuine connection, articulate their needs clearly, resolve conflicts constructively, and avoid typical everyday traps. Concrete reflection exercises facilitate the transition from theory to daily life.

A roadmap for everyone ready to fight for their love and discover a new level of closeness and connection together.

Tina Damm

HOW DO I WANT TO LIVE, HOW DO I WANT TO DIE? - A Journal for My Final Farewell

- For everyone asking themselves: How do I want my final farewell to look like?
- An interactive and unconventional journal for engaging with the final phase of life and your own funeral.
- In a society where death remains a taboo, this innovative book offers invaluable orientation.



January 2027 · 224 pages



Tina Damm has fully dedicated herself to the arts after years of working in the social sector. Performing as the chanteuse and *salonnière* “Miss Cherrywine,” she hosts the *Salon Mortel* - a musical evening that uses song and humor to explore the themes of death and grief without fear. She lives in Cologne.

What are my wishes for my funeral? Should it be loud and vibrant or quiet and contemplative - and which songs should be played? This interactive journal encourages you to capture your personal wishes and visions in your own handwriting, providing an invaluable guide for those left behind. It allows readers to proceed at their own pace, exploring each topic step-by-step - or using it as a starting point for conversations with friends and loved ones.

The book offers more than just checkboxes; it provides generous space for individual thoughts and detailed descriptions. From designing your own memorial service - whether traditional, unconventional, or a spirited celebration - to selecting the music and your final outfit, this journal covers every relevant aspect. It even prompts reflection on your digital legacy and social media profiles. In doing so, the task of facing one's own departure becomes a little easier - and perhaps even brings a sense of joy.

Lothar Frenz

ONE FINAL ADVENTURE - On the End of Life and What We Make of It

- Lothar Frenz accompanies his mother on the final journey of her life.
- A wise, comforting, and impressively narrated story - and a plea to devote more attention to the end of a person's life.



November 2026 · 240 pages

Lothar Frenz, born in 1964, is a biologist and journalist for GEO and nature documentaries who is often on the trail of biodiversity. Expeditions have taken him to the Amazon and New Guinea, to Tasmania, Uganda and Mongolia. Among other things, he has published *Lonesome George oder Das Verschwinden der Arten* (2012), which was named the Environmental Book of the Year by the German Environmental Foundation, as well as *Wer wird überleben? Die Zukunft von Natur und Mensch* (2021). Since 2019, Frenz has been an ambassador for the Loki Schmidt Foundation.

Evening after evening, a son sits by his dying mother's side, reading aloud the letters of her rich and vibrant life. In those moments, they both forget her fading strength. "I don't want to live anymore," his mother had said weeks earlier. With no hope of recovery and the loss of her independence looming, she was ready to let go.

Eighteen months prior, Lothar Frenz had moved his mother to a high-quality care facility in Hamburg to be near him. The transition left a deep impression: "You two still want something together," someone remarked - marking the beginning of what his mother called their "final adventure." Lothar Frenz recounts this journey: how to make decisions together, even concerning the end of medical treatment; how he prepared for the loss he had feared for so long; and how the saddest time of his life simultaneously became one of the most beautiful. As his mother passes away in his arms, he is surprised by his own sense of serenity. With immense warmth and devotion, Frenz shows how much life can be found in the act of dying. He poses a vital question: Why do we not prepare ourselves better for the end of life and give it the attention it truly deserves?

Further Titles



Mahmut Martin Yüksel

FROM UNDERDOG TO HARVARD - An Educational Journey Against the Gravity of the System

- An encouraging story of social mobility that proves dreams know no boundaries - and no origin.
- Dr. Mahmut Yüksel examines the education system with a dual expertise: the lived experience of an "underdog" and the analytical mind of a top-tier neuroscientist.



September 2026 · 240 pages



© privat / Mahmut Martin Yüksel

Dr. Mahmut Martin Yüksel is a physician and neuroscientific researcher, currently based at the Department of Neurology at the University Hospital Zurich. He studied medicine and computer science in Hamburg and has conducted his doctoral research and academic work at prestigious institutions including Harvard University, as well as in Berlin and Lausanne. In addition, he holds a Master's degree in Health Business Administration from the University of Erlangen. While his previous publications have focused on neuroscience, this marks his first autobiographical release.

Mahmut Martin Yüksel grew up in a small village in Lower Saxony, the son of Yazidi-Kurdish parents. At the kitchen table, a colorful mix of languages filled the air: Georgian, Turkish, and Kurdish - and a little bit of German. But none of the first three helped him when he started school. It didn't take long for him to fall behind, and with parents who had to leave the education system early to work, there was no one at home to help.

Mahmut refused to give up. He watched more German television and sought out conversations on the playground. But it wasn't enough. At the end of primary school, his teacher recommended the lowest educational track - marking the beginning of an educational journey filled with hurdles.

Today, Dr. Mahmut Martin Yüksel traces this path, illustrating how educational inequality and prejudice block the way for many children. He shares what - and who - it took for him to succeed against the system. His story is a powerful testament to the inexhaustible potential of children that unfolds when there are people willing to be the wind beneath their wings.

Hannah Lübbert

SORRY, I'M ANXIOUS TODAY - How to Turn Our Fears into a Superpower

- It is the circumstances that are sick, not the individual.
- Hannah Lübbert puts her generation's fundamental feeling into words and explains why our society so heavily fosters everything from general fears to clinical anxiety disorders.



August 2026 · 224 pages



© Marina Sanders

Hannah Lübbert, born in 2001, grew up in Berlin. After graduating from high school, she began studying Environmental Sciences and Social Psychology in Lüneburg. She briefly paused her studies to dedicate herself fully to climate activism before continuing her degree in Freiburg. In 2019, together with fellow activists, she co-authored the *Spiegel* bestseller *Ihr habt keinen Plan, darum machen wir einen*. In 2024, she published *Gegen das Klima der Gewalt*, co-written with police officer Chiara Malz. Hannah Lübbert lives in Freiburg.

“I believe that, ultimately, our anxiety can show us the way out of the crisis.”

Young people today are growing up in a world that feels more uncertain than ever. The climate crisis, global conflicts, the rise of the far-right - the list goes on. It is a world that doesn't just cause fear; it actively fosters serious anxiety disorders. Climate activist Hannah Lübbert illustrates why our society is so vulnerable right now and how specific social factors are inextricably linked to anxiety. Sharing the story of her own journey through and beyond an anxiety disorder, she shows how we can confront our fears and even transform them into a superpower. A book that provides strength and confidence in a world that often leaves us feeling powerless.

Quentin Gärtner

GERMANY TOTAL LOST - How My Generation Is Going to Save the Nation's Ass

- Stagnation de luxe: a bold, thesis-driven book about the issues that truly preoccupy the younger generation.
- A wake-up call for politics and society to finally tackle serious reforms.



September 2026 · 144 pages



Quentin Gärtner served as the General Secretary of the Federal School Conference in 2025, acting as the voice for more than 7.5 million students in Germany. Few other national student representatives have maintained such a significant public presence. Since the fall of 2026, he has been studying Molecular Biotechnology at Heidelberg University and remains one of the most sought-after young voices in politics.

“Don’t worry - we’ll handle it” - A rise of a responsible generation.

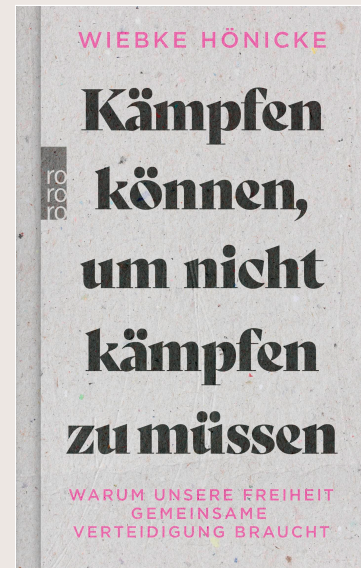
Economic crisis, climate change, war in Europe - Generation Z is suffering under the current state of permanent crisis like almost no other. Things are going downhill fast: this is the certainty young adults grow up with today. Change is urgently needed, yet instead, we see total stagnation. Concerns are downplayed, lack of funding is cited as an excuse, and young people are collectively dismissed as out of touch and lazy.

As a national student spokesperson, Quentin Gärtner stood in the public eye and knows exactly the toll this takes on his generation: political apathy and cynicism are rampant, while depression and a lack of belief in one’s own agency are on the rise. In this deeply personal book, Gärtner settles the score with the political establishment’s timidity and indecisiveness, with societal stagnation, and with the prevailing desire for everything to simply return to how it once was. With his inimitable talent for putting his finger on the pulse and addressing problems openly, thoughtfully, and with strong conviction, he reveals what truly occupies his generation - and what needs to change, fast.

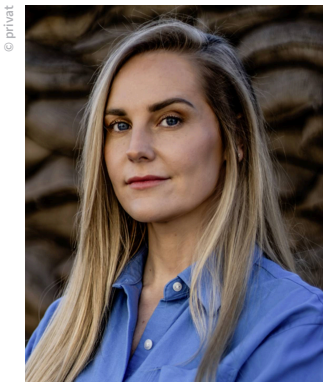
Wiebke Hönicke

BEING ABLE TO FIGHT, SO WE DON'T HAVE TO - Why Our Freedom Depends on Collective Defense

- A young officer's unique perspective on the controversial topics of conscription and "combat readiness."



September 2026 · 160 pages



Wiebke Hönicke, born in 1993, joined the German Armed Forces as an officer candidate directly after graduating from high school in 2012. She studied Educational Sciences at the Bundeswehr University Munich and committed to 14 years of service. Today, she serves as a combat engineer officer and has completed two overseas deployments in Iraq. Hönicke is also the host of the podcast *Buschfunk* and was a co-initiator of #WirGegenExtremismus, a private initiative led by active and former members of the military.

The *Zeitenwende* - a turning point in history - confronts our society with existential questions: How resilient must a democracy be to preserve freedom and peace in the long term? Young officer Wiebke Hönicke shatters common clichés and provides a realistic analysis of our defense capabilities. For her, "defensive resilience" goes far beyond mere military deterrence; it is a synergy of alliance loyalty, technological innovation, and, above all, a collective societal will for self-assertion.

Hönicke advocates for a new form of national service to strengthen social cohesion and state resilience. She interweaves poignant insights from her daily life as a female officer with high-level security policy debates. The result is a personal, reflective, and bold plea that empowers readers to form a well-founded opinion on the current debate surrounding national defense and resilience.

Magdalena Rogl

COURAGE OVER RAGE - Overcoming Powerlessness, Take Charge and Shape the Future

- Break free from the trap of powerlessness.
- For those despairing over global crises, Magdalena Rogl offers a change of perspective and concrete calls to action.
- For people seeking orientation, meaning, and change in difficult times.



November 2026 · 256 pages



Magdalena Rogl, born in Munich in 1985 and raised in a Bavarian village with a Croatian surname, is frequently cited in the media as the "face of the new world of work." Yet her professional journey was anything but conventional: instead of completing high school, she left early to train as a childcare worker. At 19, she became a mother, and by her mid-20s, she was a single parent to two sons. As a career changer, she rose through the ranks to become an executive at Microsoft Germany and is now one of the most influential voices on diversity, New Work, and empathetic leadership. Her keynotes are among the most sought-after in the fields of leadership and cultural transformation. She is a dedicated mentor, advisory board member, and volunteer - a woman who doesn't just demand responsibility but embodies it. Magdalena Rogl's first book, *MitGefühl*, was published in 2022.

Our present is defined by a state of permanent crisis that leaves many feeling paralyzed and powerless. Yet Magdalena Rogl is convinced: the future is whatever we make of it. We are not powerless; we possess an often-overlooked tool: responsibility. When we all begin to take responsibility in small, daily steps - for ourselves, for our fellow human beings, our privileges, digital spaces, society, and democracy - we can achieve greatness and actively co-create the future.

Magdalena Rogl speaks from experience; she is a successful keynote speaker and one of Germany's most relevant voices for empathetic leadership, social change, and lived responsibility. For her book, she talks with women who share their experiences, provide concrete ideas and impulses, and demonstrate exactly how to move into action. Ultimately, it is about attitude and courage - not perfection or rage.

Jennifer Springer

MY STUTTER, MY LIFE AND ME - An Unplanned Love Triangle

- An honest, witty, and encouraging book about stuttering - covering the "shitty days" as well as the small victories.



October 2026 · 240 pages



© Annette Etges

Jennifer Springer is a teacher-in-training based in Cologne. She lives with neurogenic stuttering, which developed following a stroke. Under her Instagram handle @stotter_otter, she shares her personal story, offering encouragement to others who stutter and documenting her daily experiences to raise awareness.

Suddenly, the words get stuck: Jenni has a stutter. Overnight, the quick-witted education student lost not only her ability to speak fluently but also her self-confidence. And she is not alone. Approximately one million people in Germany stutter, though it often goes unnoticed. They have mastered techniques to manage their speech impairment - learning how to bridge syllables and release words that vehemently resist being spoken. It is grueling work that often takes years, during which those affected may face teasing, exclusion, and co-occurring psychological challenges.

Jennifer Springer shares how stuttering transformed her life, the daily hurdles she overcomes, and what helped her learn to live with it. This is an honest, witty, and informative book for those affected, their loved ones, and anyone interested in the journey - covering both the "shitty days" and the small victories.

Ina Jäckel

MEANING LIVES NEXT DOOR TO CHAOS - A Pastor Between Prayer, Rain Boots, and Serenity

- Pastor, feminist, and mother of four - Ina Jäckel balances her daily life remarkably and inspires countless women.
- An invitation to consciously shape your own life and find more depth within it - without perfectionism, but with plenty of trust and humor.



October 2026 · 224 pages



Ina Jäckel is a pastor, presenter, author, and columnist. She lives in Leer with her husband and their four children. A true North German at heart, she writes about responsibility, intimacy, and the many small decisions that shape our daily lives. On Instagram, she connects with a large community as @dingens.von.kirchen. Her writing is honest, reflective, and deeply relatable. She asks questions where simple answers fall short, inviting readers to encounter their own lives with newfound mindfulness.

Pastor Ina Jäckel lives in East Friesland with her husband and their four children. A passionate counselor and mother, she shares her vibrant daily life as both a woman of the church and a feminist with her engaging and profound community on Instagram.

Why is it so important to practice true self-care? How can I stay true to myself amidst the chaos of balancing family and career? What is the unique significance of friendship, and how do I lead a truly fulfilling life? Ina Jäckel has written a personal companion for those who find themselves "in the thick of it" - caught between family, work, and obligations, yet yearning for greater depth and serenity. Combining humorous stories from her everyday life with honest reflections on life's big and small questions, she inspires readers to keep searching for meaning, even in the midst of daily chaos.

Marlene Hellene

PARENT-TEACHER NIGHT - Absurdities of School Life Between Homework and Hair-Pulling

- Humorous "first aid" for all parents living in the permanent state of emergency known as school.
- From *Spiegel* bestseller author and columnist Marlene Hellene: an honest look at the absurdities of the school system.



August 2026 · 176 pages

Marlene Hellene was born in 1979. She writes on her blog "Tollabea" and via her Twitter profile MarleneHellene. Her books *Man bekommt ja so viel zurück* and *Zu groß für die Babyklappe* were bestsellers. She lives with her family in Karlsruhe.

No sooner is the first day of school celebrated than a state of emergency sets in: WhatsApp groups that never sleep, crafting assignments that devour entire weekends, and, of course, parent-teacher meetings where you're assigned an honorary role faster than a forgotten banana can liquify in a backpack.

Marlene Hellene knows them all - the absurdities of everyday school life. With her signature sharp wit, yet always empathetic and approachable, she tells stories from the heart of a chaotic school system that is often enough to make you tear your hair out. This book is "first aid" for all parents who don't just want to function, but need a good, hearty laugh.

Further Titles



Ties Rabe

TIME TO START - What Children and Schools Really Need to Secure the Future of Education

- What needs to be done so children can finally learn better: Clear answers to the education crisis - from one of the country's most successful education ministers.
- An expert's roadmap to fixing the school system, focusing on results rather than ideology.



August 2026 · 256 pages



© Michael Zapf

Ties Rabe, born in 1960, served as the Minister of Education in Hamburg from 2011 to 2024. The successes of his educational policies continue to be debated nationwide. A trained teacher, he taught at a secondary school (Gymnasium) before fully committing to a political career. Rabe was active in state and federal politics for more than two decades, serving as President, Vice President, and a board member of the Standing Conference of the Ministers of Education and Cultural Affairs. He also acted as the coordinator for school policy across all SPD-governed federal states and as a lead negotiator between the federal and state governments.

The figures are alarming: every fifth schoolchild in Germany struggles so significantly with reading and arithmetic that they are unlikely to obtain a school-leaving qualification. In the most recent PISA study, Germany's results were the weakest they have ever been. Nothing less than the future of our country is at stake.

Ties Rabe, former Hamburg Minister of Education and a teacher himself, knows the German school system inside out. He contends that the "education crisis" has been tackled under completely wrong premises for years. Whether it's school types, grading systems, or frontal versus group instruction - the topics currently fueling heated debates have little impact on learning success. Instead, as Rabe demonstrates, we must focus much more heavily on the acquisition of key competencies: more instructional hours, additional afternoon support, starting the learning process as early as daycare, and rigorous monitoring of teaching quality.

With compelling clarity, he gets to the bottom of the situation, explains the root causes of learning difficulties, and develops concrete, feasible proposals for daycare centers and schools. This is a vital book for the future of our children - and our society.

Marieke Reimann

REUNIFICATION 2.0 - Why East Germany Matters to Us All

- As the youngest and first East German Editor-in-Chief at a public broadcaster, Reimann brings a unique and vital perspective to the national debate.



August 2026 · 240 pages



Marieke Reimann, born in Rostock in 1987, served as Editor-in-Chief at SWR and led the council of ARD Editors-in-Chief until 2024. In this role, she became the youngest and first East German Editor-in-Chief at a major public broadcaster in West Germany. Until 2020, she was the Editor-in-Chief of *ze.tt* (part of *DIE ZEIT*), where she successfully developed a sustainable subscription model and established a dedicated East Germany department. In 2015, she was honored as one of Germany's "Top 30 Journalists Under 30."

How do wealth and property ownership influence voting behavior? How is the post-reunification era taught in schools? Can Angela Merkel and Tokio Hotel be role models? And why are only West Germans featured in the official images of German Unity Day celebrations?

Renowned journalist Marieke Reimann was born in Rostock in 1987 and grew up with her mother and sister in a prefabricated housing estate. As a child of the post-reunification era, she experienced an East Germany in the 1990s marked by fractured biographies, poverty, and uncertainty. Reimann has lived the challenge of succeeding in West German power circles as a young woman without inherited wealth or established networks, witnessing firsthand how structural inequalities between East and West persist to this day.

In her book, she aims to tell East German stories with authenticity. Too often, she has been confronted with the stereotype of the "complaining, left-behind East German" - her viral commentary for Germany's flagship news program *Tagesthemen* was a powerful rebuttal to these clichés. She makes a compelling appeal for a new, genuine interest in one another.

Ramona Wuttig

THE STRUGGLE OF THE CLIMB - Poor, East German, Working Class. The Illusion of Equal Opportunity

- A stirring plea for true inclusion: Ramona Wuttig weaves her own story of rising from the East German working class with profound insights into class and inequality.
- Personal, political, and provocative: A powerful call to action for systemic change and genuine social participation.



September 2026 · 240 pages



© Anna Bilousova

Ramona Wuttig, born in 1991, holds a Master's degree in Sociology and a Bachelor's in Psychology, and is currently pursuing a degree in Law. Through her project *Klasse.Gesellschaft*, she is active as a speaker, content creator, and author. She is a dedicated advocate for social justice and equal opportunity, raising awareness both in local politics and across social media. Her East German identity plays a central role in her work. Ramona Wuttig lives in Erfurt.

Ramona Wuttig delivers a powerful message: in Germany, social mobility often succeeds *in spite of* - not because of - existing structures. Her own story begins in rural Thuringia, in a life of extreme poverty. Growing up without running hot water, surrounded by unemployment and social exclusion, her path seemed predestined. Yet, Wuttig defied the odds, earned her high school diploma as an adult, completed three degree programs, and today fights as an expert for equal opportunity and a reflected East German identity.

With unflinching honesty, she speaks of the shame that accompanies a childhood in precarious circumstances and exposes the promise of equal opportunity as an illusion. She demonstrates how systemic barriers dictate life paths and why success must often be won against all odds. The tight integration of her moving biography with sharp sociological analysis makes this book an indispensable read for our time.

Verena Wriedt, Silke Telgen

THE CLUB NO ONE WANTS TO JOIN - On Death, Grief, Friendship, and New Beginnings

- How to cope with the premature loss of a partner? Verena Wriedt and Silke Telgen offer honest answers and personal insights into navigating the unthinkable.
- An empowering and deeply moving book.



October 2026 · 208 pages

Verena Wriedt is a trained journalist with over 25 years of experience as an editor, reporter, and presenter. Whether on stage or on screen, she captivates audiences with her credibility, charm, and journalistic precision. Her particular strength lies in interviewing - leading conversations with empathy and confidence. As a renowned automotive and motorsport expert, she hosts international events and is fluent in four foreign languages. Since the passing of her husband, she has continued to lead his companies as an entrepreneur. A dedicated mother and ambassador for the German Heart Foundation, she masters life with passion and courage.

Silke Telgen, born in Northern Germany in 1974, studied German Literature in Frankfurt am Mein before building a successful career as a copywriter and Creative Director in international agencies. Her work has received numerous awards, and in 2019, she founded her own agency. Following the sudden death of her husband in 2021, she discovered writing as a powerful means of navigating grief and finding a new beginning. Today, she lives near Cologne with her partner and her dog, blending entrepreneurship with her creative passion. She is convinced that while humor may not solve everything, it certainly makes many things easier.

Verena Wriedt and Silke Telgen share the same devastating fate: both lost their partners far too soon, leaving behind a profound void. The two women met through their parallel experiences of loss and helped each other back onto their feet.

Together, they demonstrate that while time does not heal all wounds, one can learn to live with grief - especially when there are friends and family to provide a safety net and a reason to keep going.

In an account as emotional as it is gripping, Silke and Verena describe how they navigated their loss and the vital role that friendship, processing, and mutual support played in their journey. A moving testament to resilience and the power of connection.

Bettina Rust

A SEA OF WORDS - Love Letters to Language

- From heated discussions to meaningful insights - this book is an invitation to pause and reflect on how we communicate.



December 2026 · 256 pages



© Marcel Schwickerath

Bettina Rust, born in 1967, has been the host of the talk format *Hörbar Rust* on Radio Eins since 2002, where she explores the biographies of celebrities through the songs that shaped their lives. In her popular podcast *Toast Hawaii*, she talks with prominent guests about the "food of their lives." As a television presenter, Bettina has hosted several of her own talk and documentary formats, including *Talk der Woche*, *0137 Night Talk*, *Playlist – Sound of My Life*, and *Stadt, Rad, Hund* for various national broadcasters such as ARD, Sat.1, and Tele5. With her unique and distinctive voice, she is also a sought-after voice-over artist. Her book *Berlin – Lieblingsorte* was published in 2018, followed by *Das Essen meines Lebens* in 2022. Bettina Rust lives in Berlin.

Bettina Rust engages in deep conversation with prominent guests about the true meaning of language. Together, they explore how language shapes us, how it divides us, and how it connects us. These dialogues spark fascinating chains of thought and association - serving as a compelling invitation for readers to reflect on their own use of words. Language can be a weapon, an invitation, a seduction, or a rejection; it can be a life buoy or a balm for the soul.

Communication is in a state of permanent flux: while our active vocabulary is measurably shrinking, the impact of AI on our speech is only just beginning to unfold. With this book, Bettina Rust celebrates the sheer joy of playing with words. In conversation with guests across all generations - from social media star Tahsim Durgun to news icon Anne Will and acting legend Iris Berben - we discover their personal linguistic quirks, favorite words, and the terms they've always wanted to unlearn. They dive into abbreviations, Anglicisms, trigger words, and cherished memories. And, of course, dialects! *Wörtersee* is an inspiring, enchanting, and utterly delightful journey through the world of words.

Conny Böttger

THE JOY OF SAVING COWS

- Conny Böttger's commitment goes straight to the heart. This book is more than just a personal story - it is a philosophy for life.
- Animal welfare and self-care are much closer than you might think.



January 2027 · 208 pages



© Steffen Füssel

Conny Böttger is the heart and soul of *Tierparadies Muhrielle e. V.*, an animal sanctuary in the Ore Mountains (Erzgebirge) which she founded alongside a dedicated team of supporters. A committed mother and animal rights activist, she works full-time as an executive secretary for a hospital management team. Every spare moment, however, is devoted to the welfare of her animals.

Conny Böttger is deeply passionate about the more than 100 cows she has rescued and cares for at her sanctuary in the Ore Mountains. *The Joy of Saving Cows* is more than just Conny's story, more than the story of her cows - it is the story of a way of life.

It all began a few years ago on her grandfather's farm when Conny saved the last cow scheduled for transport from slaughter. Since then, she has taken in many more animals. The last ten years have profoundly changed her, giving her a new perspective on life and, above all, the lives of animals. Today, she lives on the estate with her partner, right alongside her cows. A decommissioned tram set in the middle of the meadow serves as a meeting room for the many visitors who want to learn more about the animals, Conny's commitment, and her passion for her "happy herd."

In her book, Conny shares her emotional, heartwarming journey. Because these animals deserve our attention - and they radiate an incredible sense of peace. Meanwhile, *Tierparadies Muhrielle* continues to grow, welcoming both more animals and enthusiastic visitors.

Dietmar Bittrich (Ed.)

EASY ON THE GRAPPA, DAD! - Merry Christmas with the Whole Crazy Clan

- Nothing is quite as reliable as our quirky relatives and their wonderfully terrible holiday surprises!
- More than 570,000 copies sold of the author's Christmas-series.
- The perfect Christmas gift - and not just for Grappa-loving fathers!



September 2026 · 256 pages

Dietmar Bittrich was born in 1958 and lives in Hamburg. He won the Hamburg prize for satire as well as the Hamburg Senate Prize. Several of his paperbacks have been published by Rowohlt, including the bestseller *99 deutsche Orte, die man knicken kann*. Since 2012 he has released several successful Christmas-themed books about the trials and tribulations of family life. Find out more at: www.dietmar-bittrich.de.

Every year, they arrive just in time for the festivities: our beloved relatives! The overbearing uncle. The brother-in-law who starts sorting the recycling the moment the first gift is unwrapped. The scatterbrained aunt gifting jewelry she "found" at the retirement home. The nephews who refuse to do anything but game. The cousin who treats us like a boring backdrop for her latest Insta reel. Grandpa, who switches off his hearing aid as soon as the carols begin. Grandma, who snatches the grandkids for some "emergency parenting." Meanwhile, Mom is having a breakdown over a crumbly chocolate mousse. Only Dad remains calm - thank heavens for the Grappa.

Further Titles



André Herrmann

WE'LL SURVIVE THESE TWO WEEKS! - One More Vacation with the Parents

- The hit journey of André Herrmann and his parents continues: this time, they're taking on Japan!
- 40,000 copies sold of his previous title *Schön war's, aber nicht nochmal*.



November 2026 · 256 pages

André Herrmann is a stand-up comedian, author, and arguably the most well-known roaster in the German-speaking world. He has won the German-speaking Poetry Slam Championships twice. As an author, he conceptualizes programs, writes jokes for renowned TV shows, and develops and writes series for TV and streaming services. His debut novel, *Klassenkampf*, was published in 2015 by Voland & Quist, followed by *Platzwechsel* in 2018. Since the fall of 2022, André has been on tour with his first solo show. He lives and works in Berlin.

“Your father is already planning the next trip,” my mother explains. “That’s what I feared,” I sigh into the phone. “Japan would be great!” my father shouts from the background.

They say you should quit while you’re ahead. But what do you do when your father gets a new smartphone and doesn’t realize that clicking a button labeled “Book Now” actually means ... booking? Before they know it, a significant amount of money vanishes from the parental bank account, and three non-refundable flight tickets to Tokyo land in the mailbox.

Forced into action, the Herrmann family sets off for one more shared vacation - this time to the Land of the Rising Sun. What follows is two weeks of pure culture shock and a rigorous test for Japanese hospitality. Whether André’s father gets tangled up in a Sumo wrestler’s belt or his mother suddenly disappears while driving a Mario Kart through the streets of Tokyo, one thing is certain: when the Herrmanns show up and try to act “normal,” the exact opposite usually happens.

Further Titles



AUTUMN 2026 & WINTER 2027

TOP BACKLIST TITLES

Jana Puglierin

WHO WILL DEFEND EUROPE? - New War Dangers: What is Required for Our Protection

- Europe between dependency from the US and emancipation: What urgent steps must be taken now?
- Jana Puglierin is one of Germany's most prominent experts on foreign, security, and defense policy.
- Complete English translation available.

Europe's security is at stake. With a revisionist Russia, an anti-Western China, and a wavering USA, Europe currently lacks the means to defend itself. Based on conventional and nuclear warfare scenarios, Jana Puglierin outlines the urgent steps needed to protect European citizens. She addresses critical questions: What technologies and armies are required? Does Germany need its own nuclear weapons, or can a European shield suffice? How do we counter cyberattacks, disinformation, and infrastructure sabotage? A far-sighted analysis of current threats and an urgent plea to overhaul security policy after decades of neglect.



January 2026 · 256 pages

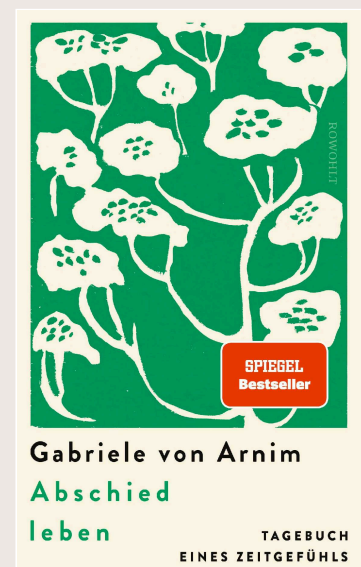
Gabriele von Arnim

LIVING FAREWELL: Diary of a Sense of Time

- A literary essay about great and small farewells, grief, comfort, and also hope in a world full of crisis.
- More than 20,000 copies sold!
- 200,000 copies sold of her previous two books with rights sold to 4 countries.
- English sample translation available.

Farewell is everywhere. We part with jobs, dreams, and earlier versions of ourselves. Children go out into the world, parents into death, and today, we even bid farewell to the certainty of peace and democracy. These departures are our daily companions, yet we often forget the liberation they can bring. We overlook the new beginnings found within loss and the freedom hidden in uncertainty.

In her year-long diary, Gabriele von Arnim explores these themes - from the struggle for future confidence to the inevitability of the final farewell. It is a profound reflection on fear, joy, and the art of letting go.



April 2026 · 272 pages

Harald Jähner

WONDERLAND – The Founding Era of the Federal Republic 1955–1967

- An exciting cultural history: More than 30,000 copies sold!
- 160,000 copies sold of his previous title *Wolfszeit (Aftermath)* with rights sold to 18 countries!

Often viewed as a period of diligent mediocrity, the late 1950s and early 1960s in Germany were, in fact, an exciting decade of social change and rebellion.

While the economic miracle promised consumption, resistance grew among a thoughtful youth gathered in existentialist cafés. Educational reform empowered the working class, and the Beat movement challenged authoritarian lifestyles. The Auschwitz trials broke the silence of the older generation, even as the Cold War caused repression.

Harald Jähner's powerful portrait reveals early post-war Germany as far more progressive, colorful, and diverse than we usually believe - a history that deserves to be rediscovered.

Rights sold to: English World - Ebury (PRH) | France - Actes Sud | Poland - Wydawnictwo Poznanskie | Spain - Alianza | the Netherlands - De Arbeiderspers



October 2025 · 480 pages

Willi Winkler

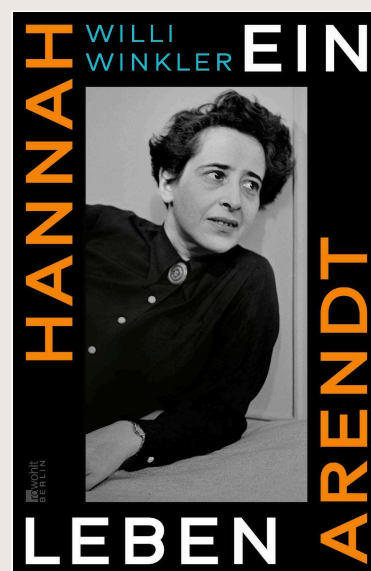
HANNAH ARENDT – A Life

- For the first time Arendt's countless and unpublished letters have been considered; a wonderfully vivid picture of her emerges.
- More than 10,000 copies sold!
- English sample translation available.

Hannah Arendt, born in Königsberg, lived through the 20th century, a period her life reflected entirely. She studied in Marburg during the intellectual boom of the 1920s, where she began a complex relationship with Martin Heidegger. Hitler's rise forced her into exile, leading to internment in France before she escaped to New York. There, she established herself as a political theorist, writing in English but thinking in German, and always maintaining her Jewish identity.

Willi Winkler's biography analyzes her previously unpublished letters for the first time, essential to understanding her contradictory life and the century she observed. She appears as a sharp intellectual who built a new identity in America but remained the "girl from afar," offering a fascinating glimpse into an iconic mind.

Rights sold to: the Netherlands - Ten Have | Poland - Vis-à-vis Etiuda



November 2025 · 512 pages

Ulrich Selz

THE GUT HEALTH DOCTOR - Master Your Digestive Problems

- Highly commercial practical guide linking digestion, the microbiome, and mental health.
- 40,000 copies sold within the first two months!
- Jumped directly on position #1 of the Spiegel bestseller list!
- English sample translation available.

Dr. Ulrich Selz delivers the ultimate guide to gut health, combining medical expertise with his personal experience as a former patient. Our gut is more than a digestive organ; it is the center of our physical and emotional well-being.

In clearly structured chapters, Selz covers everything from basic functions and common problems to state-of-the-art diagnostics and holistic solutions. He dispels widespread myths and offers field-tested advice based on the latest science. Drawing on his daily work with patients, Selz explains complex medical contexts simply and authentically, making this an essential resource for anyone looking to reclaim their vitality.

Rights sold to: Portugal - Alma dos Livros | Russia - Eksmo Bombora



April 2026 · 496 pages

Timon Krause

99 MIND HACKS - Mental Hacks for Clarity and Strength in Daily Life

- Snackable psychological tricks based on insights from psychology and neuroscience.
- 25,000 copies sold!
- The book hit #1 of the Spiegel Bestseller List right after publication!
- Complete English translation available.

In *99 Mind Hacks*, mentalist Timon Krause shares practical psychological and neuroscientific techniques for clarity and resilience. Readers learn to strengthen friendships, boost concentration, shed old habits, and even conquer fears or learn languages faster.

Krause focuses on suggestion, intuition, and people observation. These easily applicable hacks support emotional regulation, problem-solving, and better interpersonal relationships.

An indispensable companion for anyone looking to consciously shape their life and use handy psychological tools to feel better.



May 2026 · 320 pages

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